

What does a Developmental History involve?



Who will be there?

This meeting is for parents or caregivers only and will take place either in person (face to face), by telephone or video call.

This meeting will be with one clinician.

There may be another clinician present who will watch and take notes.

How long will it take?

The meeting will take approximately 2 hours. Some developmental histories may take longer. The duration will be stated in your appointment letter. There will be opportunities to take breaks.

What will we do?

This is your opportunity to tell us about your child. You can tell us about their personality, what they enjoy, what they are good at, what they were like growing up.

The clinician will ask for information on the following areas:

- Early history including pregnancy and birth, milestones
- General health
- Family relationships and circumstances
- Any significant experiences
- Eating
- Sleeping
- Toileting
- Emotions
- Attention
- Preschool experience
- School experience
- Learning
- Language and Communication
- Non-verbal communication
- Social relationships
- Play
- Interests
- Repetition of actions, activities, sounds or words
- Daily life
- Routines
- Changes
- Sensory processing (your child's response to (or seeking of) things they see, hear, smell, touch, taste and their internal sensations of body position, balance/movement, pain, hunger, thirst, temperature, feelings, toileting)

