

A Cognitive Assessment appointment will look at your child's:

Current cognitive profile, including:
Learning strengths and needs
Memory
Attention
Processing
Problem-Solving

The appointment may involve:

A series of tasks that usually take between 1.5 and two hours to complete.

These include tasks involving blocks, puzzles and problem-solving.



Parents/carers typically wait outside in the waiting area, although if your child is anxious, they can sit at the back of the room. There will be regular breaks throughout, and a longer break halfway through where your child can have a snack/drink if they wish.

Please make sure your child arrives with any needed glasses and/or hearing aids for the assessment.

The clinician will help your child understand what their cognitive strengths are in areas of solving problems, understanding and making sense of information and will provide advice in any areas of support they may need.

A Clinical Psychologist in the Neurodiversity Pathway can help work out if children or young people have a Learning Disability or Autism with a Learning Disability.

Autistic people may have no difficulties with learning/cognition or significant difficulties with learning/cognition or anywhere in-between. Difficulties may involve one or more aspects of learning or cognition.

Find out more about autism here: [What is Autism? - Children and Family Health Devon](#)

For more information and support about learning disabilities, please see: <https://www.mencap.org.uk/learning-disability-explained> or www.contact.org.uk