



org.uk/uk-pbs-alliance



POSITIVE BEHAVIOUR SUPPORT

VALUES LED

PBS supports human rights and promotes respect, dignity, inclusion and a life without unnecessary restriction. PBS means treating people equally, celebrating diversity and working in partnership with the person and their family to make things better for everyone. PBS does not advocate the use of punishment or any aversive methods.

PROMOTING QUALITY OF LIFE

The overall aim of PBS is to improve the quality of a person's life and that of the people around them. This includes children, young people and adults, as well as older people. PBS provides the right support at the right time for a person so they can lead a life that is meaningful and interesting to them.

UNDERSTANDING BEHAVIOUR AND MEETING NEEDS

PBS uses different methods to gather information to work out what people's behaviour means if they are unable to express this. It improves support and empowers people to use better and less harmful ways to get their needs met. This often involves using a range of different approaches and personalised ways of supporting that enhance a person's life.

MAKING SYSTEMS WORK FOR THE PERSON

Giving the right support at the right time so people can thrive and fulfil their potential. This may mean changing the way the person is supported. Carers and staff may need training, and service structures and cultures may need to change. Continuous review is important to make sure support carries on working well for the person and those around them. We believe that systems and environments should change not people.

