

# SIGNPOSTplus Information Snippets

6<sup>th</sup> April 2023





## SIGNPOSTplus Information Snippets.

Anyone can sign up to receive Snippets. If you haven't already signed up to receive Snippets directly to your mailbox and would like to be added to the mailing list email: [cfhd.signpostplus@nhs.net](mailto:cfhd.signpostplus@nhs.net)

There is an archive of recent Snippets on the Signpost Plus webpage, where you can also find a range of information sheets and resources: <https://childrenandfamilyhealthdevon.nhs.uk/signpostplus/>

SIGNPOSTplus has a Facebook page: <https://www.facebook.com/SIGNPOSTPlus/>  
Remember to turn on notifications under 'Follow Settings' to ensure you see posts.

## Children & Family Health Devon Speech & Language Therapy Service Drop in Sessions for under 3s:



**Children and Family Health Devon's Speech and Language Therapy Service Virtual drop in sessions for parents and professionals**

**What?**  
A virtual drop in for parents of children 3 and under and professionals who are concerned about their speech, language and communication development. This will be delivered via the 'attend anywhere' platform. The Speech and Language Therapist will spend up to 10 minutes listening to the parents'/professional's concerns, asking questions and observing how the child and parent/s communicate and interact

**All families will be given advice and/or ideas to try at home.**  
For some children, it will be recommended that they are referred to the Speech and Language Therapy service for a more detailed assessment.

Professionals with concerns about the SLC development of children up to the age of 3 should ensure that the child and family remain anonymous when sharing their concerns via the drop in service

**When?**

Tuesdays 1-2.30 p.m.	Thursdays 9.30- 11.30 a.m.
10 <sup>th</sup> January 2023	26 <sup>th</sup> January 2023
14 <sup>th</sup> February 2023	2 <sup>nd</sup> March 2023
14 <sup>th</sup> March 2023	30 <sup>th</sup> March 2023
11 <sup>th</sup> April 2023	27 <sup>th</sup> April 2023

**How?**

1. Log onto <https://nhs.vc/tsdft-cfhd-pre-school-drop-in>
2. Sign in
3. The Therapist will see that you are in the waiting area and will join the video room when they are ready

Next session taking place on Tuesday 11<sup>th</sup> April.  
Log in here: <http://nhs.vc/tsdft-cfhd-pre-school-drop-in>



## Devon Holiday Activities and Food Programme– Easter Holidays

The Holiday Activities and Food (HAF) programme is being delivered by a number of different individuals and organisations across Devon. To access the programme, simply book a place through one of the providers on the HAF webpage. All clubs will be operating for a minimum of four hours, including a hot meal. Booking details differ depending on each provider. The schemes are fully inclusive and accessible, so please discuss your child's needs with your chosen provider. Please note that you will need a code, which is provided by your child's school and you can only book one scheme per holiday.

Find the list of participating providers here: <https://www.devon.gov.uk/educationandfamilies/document/haf-providers-easter-2023/>



## Youth Voice Opportunities in April:



Devon Youth Council exists to get the voice of young people heard and to make a positive change. The Youth Council is continuing to grow

and develop and there are lots of opportunities coming up that you can get involved in:

- Take part in imagining a future net-zero Devon!
- Help shape Life Chance Trust and become a Young Advisor.
- Become a Youth Voice Ambassador with Ingeus. One Young World Summit 2023.
- Share your experience of staying on a paediatric ward.
- Get involved and have your say in the next Youth Voice Saturday event.
- Help develop new opportunities for those young people with special educational needs and/or disabilities.
- Speak up for young people with SEND in your school.
- Get your voice heard and be a Champion for Change.
- Give your feedback on The Promise.
- Take part in interviewing.

Find out more about all of the opportunities available here: <https://www.dcfp.org.uk/youth-voice-opportunities-in-april-2023/>



## 'Autism and Us' Parent Programme - Summer Term 2023

Support for parents/carers of Devon primary and secondary children who are either on the autism assessment waiting list or who have received a diagnosis of autism.

The 'Autism & Us' programme will once again be offered during the forthcoming Summer and Autumns term for parents/carers of Devon primary and secondary school children, pre or post diagnosis.

Devon Education Services are offering access for families of CYP (Children & Young People) who are currently on the autism assessment pathway, in addition to families of CYP who have received an autism diagnosis.

Attending the 'Autism & Us' parent programme gives you an opportunity to develop your understanding of autism and look at practical solutions to managing and supporting your child's presenting needs.

Full programme details and application process below:

The programmes consist of 4 weekly 'live online' sessions (approx. 2hrs each) related to the following topic/themes:

No.	Topic	Programme 1	Programme 2
1	Autism overview	Thurs 4 <sup>th</sup> May 10am - 12pm	Wed 14 <sup>th</sup> June 4.30 - 6.30pm
2	Communication	Thurs 11 <sup>th</sup> May 10am - 12pm	Wed 21 <sup>st</sup> June 4.30 - 6.30pm
3	Understanding and supporting behaviour	Thurs 18 <sup>th</sup> May 10am - 12pm	Wed 5 <sup>th</sup> July 4.30 - 6.30pm
4	Sensory	Thurs 25 <sup>th</sup> May 10am - 12pm	Wed 12 <sup>th</sup> July 4.30 - 6.30pm

### Apply direct by email to:

[educationlearnersupport@devon.gov.uk](mailto:educationlearnersupport@devon.gov.uk)

To secure a place on any of the above programmes, or express your interest for forthcoming programmes. We will confirm your booking request, and provide you with a direct link to the event. They will be delivered on line 'live' via the Microsoft TEAMS platform.



## Devon Information Advice and Support – Spring Term Parent Training Sessions:

DiAS parent training session dates are now live for this term. All sessions are online and free of charge.

### EHCP Review Mythbusting

Have you got an annual review of your child's EHC plan coming up? This Myth busting parent session will help you find out what you need to know and do.

Wednesday 3rd May, 10.30am - 12.30pm.

Book a place on this link:

<https://www.eventbrite.com/e/education-health-and-care-plan-ehcp-review-mythbusting-tickets-156716259551>

### Demystifying SEND

Demystifying SEND information sessions for parents and carers of children with SEND, about how to find clear information and support.

Tuesday 25th April, 10.30am - 12.30pm.

Book a place on this link:

<https://www.eventbrite.com/e/demystifying-send-special-educational-needs-and-disabilities-tickets-127732273669>

### Listening to your Child's Views

An online session about helping a child with SEND express how they feel about school.

Tuesday 9th May, 10.30am - 12.30pm.

Book a place on this link:

<https://www.eventbrite.com/e/listening-to-your-childs-views-tickets-154265433063>



The DiAS Spring Term Newsletter is out now and available to read here:

<https://content.govdelivery.com/accounts/UKDEVO/NCC/bulletins/351aaae>



**Young Devon Change Academy.**

Do you know a Young Person who needs a new start in 2023?

Young Devon run free courses for 16-25 year olds. With caring tutors, wrap-around support and a safe learning environment, the short courses help young people thrive in their futures.

Find out more here:

<https://www.youngdevon.org/what-we-do/the-change-academy>



## Devon SEND Improvement Family Engagement Sessions.

Parent carers of children and young people with SEND are invited to join sessions to discuss how SEND provision across the local area can be improved, both now and in the future. There is one session remaining of the current scheduled set:

Bishops Nympton Parish Hall: Monday 24<sup>th</sup> April, 11am to 1pm. [Book a place here](#)

The sessions are the first set in a series being held throughout the year, so if you cannot make this one, please keep an eye out for future dates. There will also be a virtual version taking place at a later date for people who are unable to attend in person.

The sessions will include service leads from NHS Devon, Devon County Council and Children and Family Health Devon. The actions in the Devon SEND Improvement Plan will be outlined, before breaking into groups to discuss how everyone can work together with parents to deliver it. You can [read a summary of the draft improvement plan on the SEND Local Offer website](#)

The sessions are to hear and learn from your experiences. Book a place on the Eventbrite link above.

Unfortunately, there will not be the opportunity to supply updates on individual casework on the day. However, they will signpost and share contact details of people that can help.



## ERIC UK Free Webinar for Parents and Carers:

ERIC's Family Services team are hosting a webinar to help you understand common bowel and bladder issues and give you tips and information to help manage them.

The webinar will cover:

- Finding out more about how children's bowels and bladders work
- Learn how to tackle common bowel and bladder problems such as constipation, soiling and wetting accidents and bedwetting
- Signposting to helpful resources
- Tips and advice on how to help your child drink better
- Help on introducing a daily toileting routine
- Signposting on where and how to get help for your child at nursery, school or in your local health services.

Join ERIC on Tuesday 25<sup>th</sup> April at 7pm via Zoom – it's free for parents and carers to attend.

Find out more and book a place here: <https://eric.org.uk/talking-about-wee-and-poo/>



## Youth Arts & Health Trust.

A few spaces left and beginning soon!  
Fully funded opportunity open to all Devon parents.

Is your child struggling with their mental health?  
*Alongside You...*

**SUPPORT GROUP FOR PARENTS**

8 weekly online sessions on Mondays 5:30pm - 6:45pm

A safe and supportive group facilitated by two Arts Therapists

Together we will explore the commonalities of being a parent and each session will have a theme named in advance. This will likely include:

- how we might best help a child/young person
- how we look after ourselves
- communication and relationships
- identity
- trauma and the body
- self-harm
- suicidal thoughts
- planning for safety
- accessing services

Please email: [info@youthartsandhealth.org](mailto:info@youthartsandhealth.org) and we will send you more information and a booking form.

Places are limited.

**YOUTH ARTS & HEALTH TRUST**

Our mission is to provide high quality arts therapies and creative arts activities to children, young people and their families that develops their skills, confidence and resilience.

Fully funded thanks to the National Lottery Fund  
**COMMUNITY FUND**

GENERAL CONTACT: [info@youthartsandhealth.org](mailto:info@youthartsandhealth.org) [www.youthartsandhealth.org](http://www.youthartsandhealth.org)

Email [info@youthartsandhealth.org](mailto:info@youthartsandhealth.org) for further information and an application form.



## British Dyslexia Association. Free Webinar: Exam Study Skills.

This Exam Study Skills webinar is aimed at dyslexic students and educators of dyslexic students who are studying for exams.

Tuesday 11th April 2023, 1 - 2pm.  
Online via Zoom.

The webinar will focus on:

- understanding the basics of what dyslexia is
- helpful ideas for studying
- examples of multi-sensory strategies
- how the BDA can help and support you

Target Audience: GCSE and A-Level Students (some of the ideas could be adapted for SATS).

Find out more and register here: <https://www.bdadyslexia.org.uk/events/free-webinar-exam-study-skills>



## I CAN - Free TALK webinars for parents:

Is your child aged 18 months - 2.5 years?

Are you concerned about their language development?

Join one of the free TALK parent webinars for approaches you can put into practice with your child at home.

18<sup>th</sup> April - Symbolic noises and first words.

7<sup>th</sup> May - Supporting language development during everyday routines.

16<sup>th</sup> May - Sharing books to develop language.

All webinars last for 40 minutes and are free to attend.

Book your place today:

<https://speechandlanguage.org.uk/talk-parent-webinars/>



## Cerebra Online Sleep Seminars

The online Sleep Seminar aims to give you the knowledge, skills and confidence to deal with sleep issues so the whole family can get a good night's sleep.

Understanding and supporting children's sleep for parents and carers of children with brain conditions aims:

- To build on your knowledge and understanding of sleep and what impacts/improves it
- To increase your skills when addressing issues of settling, night waking, early rising and sleeping alone
- To improve your confidence to apply information gained to your own situation

Upcoming Seminar Dates:

- Thursday 27<sup>th</sup> April, 10am – 12:30pm
- Tuesday 27<sup>th</sup> June, 10am – 12.30pm
- Thursday 30<sup>th</sup> June, 10am – 12.30pm

Find out more and book a place here:

<https://cerebra.org.uk/get-advice-support/sleep-advice-service/sleep-seminars/>



**TALKWORKS.** There are lots of self-help resources available to help you look after your mental

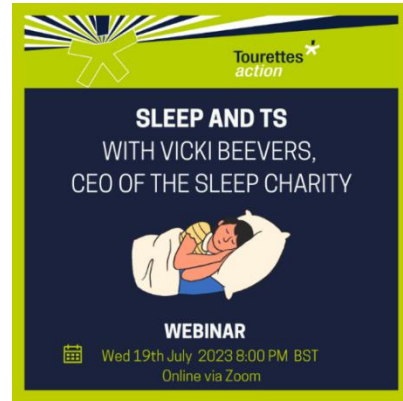
health. If you, or someone you love is struggling, help is available: <https://orlo.uk/Y10qj>

You can also find out about TALKWORKS free Wellbeing Workshops for people aged 18+ here:

<https://www.talkworks.dpt.nhs.uk/workshops>



## Tourettes Action Sleep and TS Webinar:



19<sup>th</sup> June, 8pm.

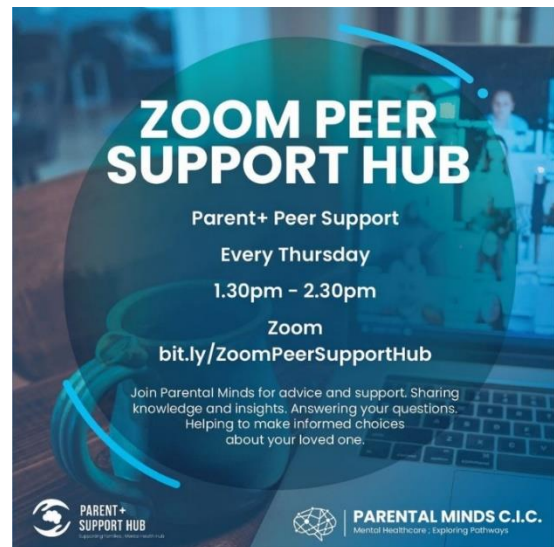
Tickets £5. Find out more and book a place here:

<https://www.tourettes-action.org.uk/news-668-.html>



PARENT+ SUPPORT HUB

## Parent+ Support Online Peer Support Hub:



Drop-in using this link:

<https://bit.ly/ZoomPeerSupportHub>

Find out more about Parent+ Support Hubs here:

<https://www.parentalminds.org.uk/parent-support-hub-meetings/>



## Neurodive: Fire, Food and Support for Dads of Autistic Young people ft Marcus Bawdon.

**Cullompton.** A unique training event for Dads of Autistic young people to learn about supporting Autistic people whilst BBQ'ing with a UK BBQ pitmaster.

Thursday 20<sup>th</sup> April, 5pm-8.30pm.

Fordmore Farm Shop, Cullompton.

Tickets £49.46. Book a place here:

[https://www.eventbrite.co.uk/e/fire-food-and-support-for-dads-of-autistic-young-people-ft-marcus-bawdon-tickets-](https://www.eventbrite.co.uk/e/fire-food-and-support-for-dads-of-autistic-young-people-ft-marcus-bawdon-tickets-586008115047?aff=ebdsoporgprofile)

[586008115047?aff=ebdsoporgprofile](https://www.eventbrite.co.uk/e/fire-food-and-support-for-dads-of-autistic-young-people-ft-marcus-bawdon-tickets-586008115047?aff=ebdsoporgprofile)



## Portage Workshop – A Small Steps Approach to Learning for Children with SEND

Portage is a home education service for pre-school children with special educational needs. This workshop will look at ways in which to support both a child with special educational needs and their family. For more information about Portage click here: <http://soc.devon.cc/9f8NA>

This face to face workshop will be delivered at County Hall in Exeter over three days.

Friday 28th April, 9am – 4pm.  
Friday 5th May, 9am – 4pm.  
Friday 12th May, 9am – 1pm.

The training is suitable for: Early Years Complex Needs Practitioners, Early Years Practitioners, SENCOs, Parents/Carers, Children Centre staff, Foundation Stage practitioners.

For more information about the training please use the link below. This will send you to a 'summary' page, where you can find out more about the course and how to book.

The cost for this training is £50.  
<http://soc.devon.cc/5bi1L>

Please note that in order to book, you will need to have a DEL training account. If you need an account to be created, or need help logging on email: [eywd@devon.gov.uk](mailto:eywd@devon.gov.uk)



Next Support Group meeting taking place \*Tonight\* 6pm – 8pm. Tickets £5.98. Find out more and book a ticket here: <https://www.eventbrite.co.uk/e/parent-support-group-for-young-people-with-school-based-anxiety-tickets-353829853617>



## bibic Online Training Sessions:

bibic are running online training sessions for parents and carers of children and young adults with neurological or developmental difficulties, and professionals. The next scheduled sessions are:

### Social and Emotional Development

12th April 2023 10am-11.30pm

The session will look at how to promote social and emotional development. What anxiety is, what it can look like and how to support anxiety in children and young adults.

### Dyslexia, Dyspraxia and Dysgraphia

25th May 2023 3pm-4.30pm

The session will cover; What Dyslexia, Dyspraxia and Dysgraphia are. The symptoms of these conditions. How to assess and practical strategies to support at home and in the classroom.

Sessions Cost £15 each and are CPD accredited. Find out more and book a place here: <https://bibic.org.uk/services/training-seminars/>

Sign up to the bibic newsletter for tips, strategies & advice from the bibic Therapists straight to your inbox here: <https://bibic.org.uk/bibic-family-stories/bibic-news/sign-up-to-our-newsletter/>

## bibic Free Live Q&A: Sensory Processing.



Have you got questions around Sensory Processing?

Join bibic's free monthly Live Q&A where their Therapy Manager Chesley Oxley and Developmental Therapist, Emma will be happy to answer your questions.

20th April at 6pm (hosted on Facebook).

Register for free here: <https://www.eventbrite.co.uk/e/601416080687>



## Witherslack Group Free Webinar Neurodiversity: Exploring Challenging Behaviour - Demanding and Disruptive Behaviour

During this webinar, Anne-Marie from Ideas Afresh Education will look at some of the reasons why we experience some responses and reactions that are described as demanding and disruptive. By using a useful metaphor, she can help to analyse the whys whilst also exploring some top tips to best support changes. 20th April, 10am - 11am (Including Q&A).

Even if you can't make it on the day of the webinar, you can still register and a recording of the session will be emailed to you after the webinar has taken place.

Register here:

<https://www.witherslackgroup.co.uk/resources/neurodiversity-exploring-challenging-behaviour-part-1-demanding-and-disruptive-behaviour/>

### Information Session in Totnes:

Monday 24<sup>th</sup> April, 7.15pm.

**DO YOU HAVE A CHILD AGED 8-11 WHO IS STRUGGLING EMOTIONALLY?**

Anxiety, depression, sleep and behavioural problems and other mental health struggles are on the rise in children. They often emerge in years 5 and 6 of primary school, and if unaddressed can worsen in secondary school.

**You can support your child's emotional health at this crucial age.**

**THIS GROUP AIMS TO SUPPORT YOU TO:**

- ✓ Learn strategies to help you support your child, with no judgement!
- ✓ Meet other parents who understand your situation for mutual support.
- ✓ Help you to prioritise your own well-being as a parent.

**WHEN?** Find out more at our **Information Session** for parents at 7:15pm on Monday 24th April 2023.

**WHERE?** Lovelace Room | The Mansion | 36 Fore Street | Totnes | TQ9 5RP

To attend register at [www.calendly.com/ymhf/information-session-stjohns](http://www.calendly.com/ymhf/information-session-stjohns)

**To get more information contact:**  
Joel Sutton (YMHF) on 07588 792 474  
or email [joel@youthmentalhealthfoundation.org](mailto:joel@youthmentalhealthfoundation.org)

For further information contact Joel Sutton (YMHF) on 07588 792474

Or email: [joel@youthmentalhealthfoundation.org](mailto:joel@youthmentalhealthfoundation.org)



## Learn Devon Summer Programme

With over 100 exciting courses on offer, Learn Devon will have something for you.

In this programme, Learn Devon offer a selection of face-to-face courses as well as a large number of online courses accessible from anywhere in the County. So, whether you are looking to learn something new, gain a qualification or just brush up on your skills, Learn Devon have got you covered.

Many of the courses are starting in April so it is recommended that you enrol as soon as possible.

Browse the courses and workshops by subject category:

- Arts and craft
- Adults with learning difficulties
- Digital skills and IT
- Education and training
- English
- English for speakers of other languages
- Maths
- Wellbeing

Find out more here: <https://www.learndevon.co.uk/>



### YoungMinds – Exam Stress

Pressure to do well in exams can be overwhelming and affect your mental health. YoungMinds have advice and tips if it's all getting a bit much:

<https://www.youngminds.org.uk/young-person/coping-with-life/exam-stress/>



### YoungMinds Parent Helpline, Webchat and Email Services:

**Parents Helpline** - for advice, emotional support and signposting about a child or young person up to the age of 25, call free on: 0808 802 5544 from 9:30am - 4pm, Monday - Friday.

**Webchat Service** - provides information and signposting to help parents and carers find the information they are looking for with regards to their child's mental health. Access the webchat via the icon on the bottom right hand side of the screen on the website link below. Parents webchat is open 9.30am - 4pm, Monday - Friday.

**Email Service** - You can email the YoungMinds Team outside of webchat hours (between 4pm - 9.30am) Monday - Friday, or over the weekend. Click the webchat icon on the bottom right of the YoungMinds webpage screen.

Find out more about the YoungMinds Helpline services here:

<https://www.youngminds.org.uk/parent/parents-helpline-and-webchat/>



## Support for Parent Carers in England (SPaCE) Study:

The study is a national survey being undertaken at the University of Exeter, funded by the National Institute for Health and Care Research (NIHR).

The aim of the survey is to find out how parent carers of children with Special Educational Needs and Disabilities (SEND), who are experiencing mental health problems, access support or treatment across England. By taking part, you will help gather valuable information, to improve access to mental health support and services for parent carers experiencing mental health difficulties in the future.

*Your child does not need to have a formal diagnosis for you to take part.*

Find out more about the SPaCE Project here: <https://sites.exeter.ac.uk/space/>

Complete the survey here: [https://exe.qualtrics.com/jfe/form/SV\\_55wXn424lw0H5IA](https://exe.qualtrics.com/jfe/form/SV_55wXn424lw0H5IA)



## Action For Children – Parent Talk: Additional Needs and Disabilities.

Advice for parents of children with special educational needs and disabilities or additional needs. Find information on getting a diagnosis and support for your child, which can be filtered by age and topic.

You can also click the red 1:1 button at the top of the page to find out about the Parent Talk Chat Facility, where a Parent Coach will answer any questions you may have.

<https://parents.actionforchildren.org.uk/additional-needs-disabilities/>



## Family Fund Free Digital Workshops

Family Fund run a range of creative and support iPad workshops. The creative workshops are fun for your child and family, the support workshops are aimed at parents/carers to help get your device set up safely.

Upcoming workshops include:

- Design your own app, 11<sup>th</sup> April.
- Make an Easter e-card, 12<sup>th</sup> April.
- Make a Social Story, 13<sup>th</sup> April.
- Getting started with your iPad, 18<sup>th</sup> April.
- Make it work for you, 19<sup>th</sup> April.
- Staying Safe, 25<sup>th</sup> April.

Find out more and book a place on any of the above workshops here:

<https://www.familyfund.org.uk/support/technology/discover-digital-workshops/>



## National Literacy Trust brand-new walk and talk trail is available now!



Packed with tips and tricks to help your little one develop their language and communication skills, the trails are a great excuse to get outside with your 0-5 year olds and explore the surrounding area. The tips can support

you to look, listen and chat with your child anywhere, anytime!

Visit the website to download a copy and read along on your phone or print at home.

Find out more: [wordsoflife.org.uk/talking-when-out-and-about](https://wordsoflife.org.uk/talking-when-out-and-about)

## Frame Running Club Barnstaple:

FREE SESSIONS & FRAMES PROVIDED.  
FRAME RUNNING IS AN ADAPTED SPORT FOR INDIVIDUALS WHO CANNOT FUNCTIONALLY RUN AND RELY ON SPORTS AIDS FOR MOBILITY AND BALANCE.

The Penguin Sports Foundation <https://thepenguinsportsfoundation.co.uk/>  
@thepenguinsportsfoundation



## Scott Cinemas Autism Friendly Screenings Barnstaple & Exmouth:

These are shows that are held in a supportive environment – lighting is left at half level, sounds is turned down low and people are free to move around the auditorium and talk to each other.

Next Autism Friendly Screening:

Super Mario Brothers, Saturday 8<sup>th</sup> April, 10.45am

Find out more and book here:

<https://barnstaple.scottcinemas.co.uk/offers/supportive-screenings>



## The Donkey Sanctuary Sidmouth: Easter Wildlife Hunt.



Celebrate Easter by spotting all the wildlife hidden around The Donkey Sanctuary Sidmouth. Seek out some of the many species by finding the

wildlife boards located around the sanctuary and matching them to the stickers provided.

Costs £5 per trail and includes an Easter prize on completion. Head to the Gift Shop to pick up a trail sheet and you're ready to uncover the wildlife.

Find out more here:

<https://www.thedonkeysanctuary.org.uk/events/01-04-2023/easter-wildlife-hunt>

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## Made-Well Hatherleigh: Easter Events:

**Easter 🐣 Holiday Vibes 💖**

We are 😊 *Open DAILY, including good Friday, Saturday, Easter Sunday and Easter Monday!*

- 🔍 - A daily Easter themed scavenger hunt
- 🥚 - Wooden egg hunt
- 🎰 - Easter raffle in the cafe

Exciting animal barn activities include:

- 🐾 - Pets corner. Easter Monday!
- 🐷 - Pig agility
- 🐷 - Name the piglet daily
- 🐾 - Pony pamper session and walk
- 🐄 - Little farmers club
- 🍀 - Lucky dip
- 🗺️ - Treasure hunt (find Wilma) daily
- 👁️ - Eye Spy daily, sweet prize
- 🎨 - Craft area daily, paint your own fairy door, tractor etc

Find out more on the Made-Well CIC Facebook page.



## Witherslack Group Easter Break Academy 2023 - Free Resource Pack

The Easter Break Academy 2023 brings you a resource pack filled with advice and support on topics such as sleep and routines and managing sibling relationships, alongside some fun activities for the whole family during the Easter break.

Sign up here:

<https://www.witherslackgroup.co.uk/resources/easter-break-academy-2023/>



Find us on Facebook.....

like the SIGNPOSTplus page for regular updates on all things related to children with additional needs.

An archive of recent snippets and further information and resources can be found on the [SIGNPOSTplus page](#) of the Children and Family Health Devon website.

*If you no longer wish to receive these bulletins please contact: [cfhd.signpostplus@nhs.net](mailto:cfhd.signpostplus@nhs.net) and your email will be removed from the mailing list.*

*Disclaimer: The information contained within these snippets is for general information purposes only and is provided by various organisations. Whilst we endeavour to keep the information up to date and correct, we make no representations or warranties of any kind, express or implied, about the completeness, accuracy, reliability, suitability or availability with respect to the information, products, services or otherwise included in this publication for any purpose. Any reliance you place on such information is therefore strictly at your own risk.*

