

SIGNPOSTplus Information Snippets

27th April 2023



Dear All,

After several years, email circulation of the CFHD SignPost Plus Snippets newsletter will be coming to an end and this is the final snippets circulation.

SignPost Plus Snippets, a weekly round-up of information relating to children with additional needs was developed many years ago and has been coordinated by CFHD colleague Amanda Smithson. It has been emailed to those on the mailing list and has been a service valued by many.

A decision to cease the weekly Snippets email coincides with CFHD's development of its new website. We are in the process of working with parents, carers and young people to design an up to date interactive signpost and information page and service. The intention is that the website will be maintained and updated regularly and will be accessible to all.

The Signpost Plus page currently on the CFHD website will continue to be available. You will be able to access archived Snippets, fact sheets, information, organisation and group information and support for all things related to children with additional needs across Devon [Signpost Plus - Children and Family Health \(childrenandfamilyhealthdevon.nhs.uk\)](https://www.signpostplus.org.uk/signpost-plus-children-and-family-health)

On behalf of CFHD, I would like to thank Amanda for her work over the years in developing Snippets, and to wish her well in her new role within CFHD.

For information about community services please refer to the SEND Local Offer pages: <https://www.devon.gov.uk/education-and-families/send-local-offer/>

If you require any further information or have any queries please contact the Single Point of Access on: Tel: 0330 024 5321 email: CFHD.DevonSPA@nhs.net

Kind regards

Beverley Mack

Beverley Mack
Children's Alliance Director
Children and Family Health Devon



Opportunity for Devon, Plymouth and Torbay Parent Carers:

One Devon
We Are Looking For
PARENT CARER NEURODIVERSITY EXPERTS

- who live in Devon, Plymouth or Torbay, and have
- personal experience of neurodivergence, as a parent carer or as an individual
- broad knowledge of the SEND system
- specific local knowledge and experience of services

Apply by 30th April here:
<https://forms.office.com/e/p5YzFrup8B>

Apply by 30th April here:

<https://forms.office.com/e/p5YzFrup8B>

Read more about the role here:

<https://www.parentcarerforumdevon.org/looking-for.../>



Devon Information Advice and Support – Spring Term Parent Training Sessions:

DiAS parent training session dates are now live for this term. All sessions are online and free of charge.

EHCP Review Mythbusting

Have you got an annual review of your child's EHC plan coming up? This Myth busting parent session will help you find out what you need to know and do.

Wednesday 3rd May, 10.30am - 12.30pm.

Book a place on this link:

<https://www.eventbrite.com/e/education-health-and-care-plan-ehcp-review-mythbusting-tickets-156716259551>

Listening to your Child's Views

An online session about helping a child with SEND express how they feel about school.

Tuesday 9th May, 10.30am - 12.30pm.

Book a place on this link:

<https://www.eventbrite.com/e/listening-to-your-childs-views-tickets-154265433063>



'Autism and Us' Parent Programme - Summer Term 2023

Support for parents/carers of Devon primary and secondary children who are either on the autism assessment waiting list or who have received a diagnosis of autism.

The 'Autism & Us' programme will once again be offered during the forthcoming Summer and Autumn terms for parents/carers of Devon primary and secondary school children, pre or post diagnosis.

Devon Education Services are offering access for families of CYP (Children & Young People) who are currently on the autism assessment pathway, in addition to families of CYP who have received an autism diagnosis.

Attending the 'Autism & Us' parent programme gives you an opportunity to develop your understanding of autism and look at practical solutions to managing and supporting your child's presenting needs.

Full programme details and application process below:

The programmes consist of 4 weekly 'live online' sessions (approx. 2hrs each) related to the following topic/themes:

No.	Topic	Programme 1	Programme 2
1	Autism overview	Thurs 4 th May 10am - 12pm	Wed 14 th June 4.30 - 6.30pm
2	Communication	Friday 12 th May 10am - 12pm	Wed 21 st June 4.30 - 6.30pm
3	Understanding and supporting behaviour	Thurs 18 th May 10am - 12pm	Wed 5 th July 4.30 - 6.30pm
4	Sensory	Thurs 25 th May 10am - 12pm	Wed 12 th July 4.30 - 6.30pm

Apply direct by email to:

educationlearnersupport@devon.gov.uk

To secure a place on either of the above programmes, or express your interest for forthcoming programmes. DES will confirm your booking request, and provide you with a direct link to the event. They will be delivered on line 'live' via the Microsoft TEAMS platform.



New Dates for Under 3's Speech and Language Virtual Drop-in

Sessions for Parents and Professionals:

**Children and Family Health Devon's
Speech and Language Therapy Service |
Virtual drop in sessions
for parents and professionals**

What?

A virtual drop in for parents of *children 3 and under* and professionals who are concerned about their speech, language and communication development. This will be delivered via the 'attend anywhere' platform. The Speech and Language Therapist will spend up to 10 minutes listening to the parents'/professional's concerns, asking questions and observing how the child and parent/s communicate and interact

All families will be given advice and/or ideas to try at home.

For some children, it will be recommended that they are referred to the Speech and Language Therapy service for a more detailed assessment.

Professionals with concerns about the SLC development of children up to the age of 3 years should ensure that the child and family remain anonymous when sharing their concerns via the drop in service

When?

<p>Tuesdays 1-2.30 p.m.</p> <p>9th May 2023 6th June 2023 4th July 2023 1st August 2023 29th August</p>	<p>Thursdays 9.30- 11.30 a.m.</p> <p>25th May 2023 22nd June 2023 20th July 2023 17th August 2023 14th September 2023</p>
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How?

1. Log onto <https://nhs.vc/tsdft-cfhd-pre-school-drop-in>
2. Sign in
3. The Therapist will see that you are in the waiting area and will join the video room when they are ready
4. Please be aware there may a wait for you to be seen dependant on the number of people trying to access the drop in at a time

Log in here:

<https://nhs.vc/tsdft-cfhd-pre-school-drop-in>



I CAN - Free TALK webinars for parents:

Is your child aged 18 months - 2.5 years?

Are you concerned about their language development?

Join one of the free TALK parent webinars for approaches you can put into practice with your child at home.

7th May - Supporting language development during everyday routines.

16th May - Sharing books to develop language.

30th May - Using Songs and Rhymes to Develop Language.

13th June – Symbolic Noises and First Words.

All webinars last for 40 minutes and are free to attend.

Book your place today:

<https://speechandlanguage.org.uk/talk-parent-webinars/>



Cerebra Online Sleep Seminars

The online Sleep Seminar aims to give you the knowledge, skills and confidence to deal with sleep issues so the whole family can get a good night's sleep.

Understanding and supporting children's sleep for parents and carers of children with brain conditions aims:

- To build on your knowledge and understanding of sleep and what impacts/improves it
- To increase your skills when addressing issues of settling, night waking, early rising and sleeping alone
- To improve your confidence to apply information gained to your own situation

Upcoming Seminar Dates:

- Tuesday 27th June, 10am – 12.30pm
- Thursday 30th June, 10am – 12.30pm

Find out more and book a place here:

<https://cerebra.org.uk/get-advice-support/sleep-advice-service/sleep-seminars/>



ERIC UK Free Webinar for Parents and Carers:

ERIC's Family Services team are hosting a webinar to help you understand common bowel and bladder issues and give you tips and information to help manage them.

The webinar will cover:

- Finding out more about how children's bowels and bladders work
- Learn how to tackle common bowel and bladder problems such as constipation, soiling and wetting accidents and bedwetting
- Signposting to helpful resources
- Tips and advice on how to help your child drink better
- Help on introducing a daily toileting routine
- Signposting on where and how to get help for your child at nursery, school or in your local health services.

Join ERIC on Tuesday 23rd May, 7 - 8.30pm via Zoom – it's free for parents and carers to attend.

Find out more and book a place here:

<https://eric.org.uk/talking-about-wee-and-poo/>



SWAN UK (Syndromes Without A Name) – Undiagnosed Children's Awareness Day 2023:

This year, Undiagnosed Children's Day will be on

Friday 28th April. Find out how SWAN are marking the occasion and how to get involved here:

<https://www.undiagnosed.org.uk/swanuk-news/undiagnosed-childrens-day-2023/>



Support for Parent Carers in England (SPaCE) Study:

The study is a national survey being undertaken at the University of Exeter, funded by the National Institute for Health and Care Research (NIHR).

The aim of the survey is to find out how parent carers of children with Special Educational Needs and Disabilities (SEND), who are experiencing mental health problems, access support or treatment across England. By taking part, you will help gather valuable information, to improve access to mental health support and services for parent carers experiencing mental health difficulties in the future.

Your child does not need to have a formal diagnosis for you to take part.

Find out more about the SPaCE Project here: <https://sites.exeter.ac.uk/space/>

Complete the survey here:

https://exe.qualtrics.com/jfe/form/SV_55wXn424lw0H5IA



bibic Online Training Sessions:

bibic are running online training sessions for parents and carers of children and young adults with neurological or developmental difficulties, and professionals. The next scheduled session is:

Dyslexia, Dyspraxia and Dysgraphia

25th May, 3pm-4.30pm.

The session will cover;

What Dyslexia, Dyspraxia and Dysgraphia are. The symptoms of these conditions.

How to assess and practical strategies to support at home and in the classroom.

Sessions Cost £15 each and are CPD accredited.

Find out more and book a place here:

<https://bibic.org.uk/services/training-seminars/>

bibic Facebook Live Q&A Session:



bibic will be answering all of your questions on Mental Wellbeing with children and young adults and providing tips, advice and

strategies to support. Wednesday 31st May at 6pm. Find out more and register for a place on the bibic Facebook page.

Sign up to the bibic newsletter for tips, strategies & advice from the bibic Therapists straight to your inbox here: <https://bibic.org.uk/bibic-family-stories/bibic-news/sign-up-to-our-newsletter/>



Neurodive Webinars:

Supporting an Autistic child who is Masking at school: A webinar for parents and professionals supporting an Autistic child who is or may be masking at school.

Wednesday 3rd May, 7 - 9.30pm. Tickets £11.55.

Find out more and book a place here:

<https://www.eventbrite.co.uk/e/supporting-an-autistic-child-who-is-masking-at-school-tickets-617641752107?aff=ebdsoporgprofile>

Supporting an Autistic child who is in burnout: A webinar for parents and professionals supporting an Autistic child who is or may be in burnout.

Wednesday 10th May, 7 - 9.30pm. Tickets £11.55.

Find out more and book a place here:

<https://www.eventbrite.co.uk/e/supporting-an-autistic-child-who-is-in-burnout-tickets-617756605637?aff=ebdsoporgprofile>



Witherslack Group Live Webinars:

Sensory Support Strategies in the Classroom - for SENCOs and Teaching Professionals.

9th May, 10am - 11am (Including Q&A).

<https://www.witherslackgroup.co.uk/resources/sensory-support-strategies-in-the-classroom/>

Neurodiversity: Exploring Challenging Behaviour: Part 2 - Shutdowns and Refusals - for Parents and Carers.

16th May, 10am - 11am (Including Q&A).

<https://www.witherslackgroup.co.uk/resources/neurodiversity-exploring-challenging-behaviour-part-2-shutdowns-and-refusals/>

Understanding ADHD in Early Years - for Parents and Carers.

23rd May, 10am - 11am (Including Q&A).

<https://www.witherslackgroup.co.uk/resources/understanding-adhd-in-early-years/>

Even if you can't make your chosen webinar/s on the day, you can still register and a recording of the session will be emailed to you after the webinar has taken place.

Find out more and register for your place on the relevant link above.

the curly hair project The Curly Hair Project - May Webinars:

The Curly Hair Project is an organisation that helps people on the autistic spectrum and the people around them, founded by autistic author Alis Rowe.

The webinars are suitable for parents, professionals and young people. Upcoming topics include;

Eating & Autism, Tuesday 16th May.

Autism & Gender Dysphoria, Monday 22nd May.

Socialising & Autism, Tuesday 23rd May.

Autism & Executive Function, Monday 29th May.

The above webinars run from 8pm – 9pm and tickets cost from £9.95.

Find out more and book a place here:

<https://thegirlwiththecurlyhair.co.uk/training/webinars/>



Challenging Behaviour Foundation Listening Ear Service:

The Challenging Behaviour Foundation have a Listening Ear service, where you can arrange a friendly chat with one of their trained family carers.

Find out more and book a call here:

<https://www.challengingbehaviour.org.uk/news/listening-ear-be-heard/>



The Challenging Behaviour Foundation also have a 'Quick Read Challenging Behaviour Guide' which can be read and downloaded here:

<https://www.challengingbehaviour.org.uk/wp-content/uploads/2021/03/quickreadchallengingbehaviourguidev6.pdf>



TALKWORKS.

There are lots of self-help resources available to help you look after your mental health. If you, or someone you love is struggling, help is available: <https://orlo.uk/YI0qi>

You can also find out about TALKWORKS free Wellbeing Workshops for people aged 18+ here: <https://www.talkworks.dpt.nhs.uk/workshops>



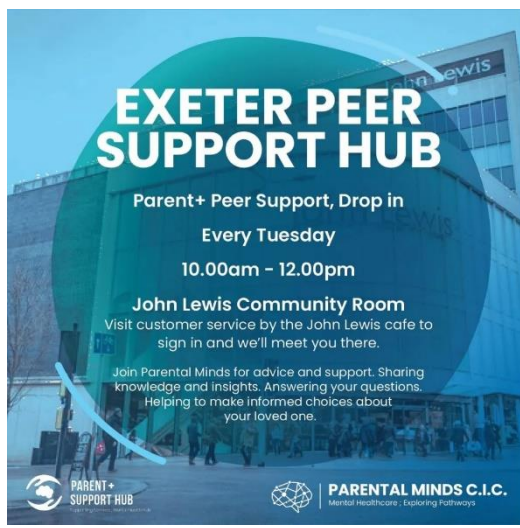
HONITON PEER SUPPORT HUB

Parent+ Peer Support, Drop in
Every Monday
11.00am - 1.00pm
Wine Bar, Honiton

Join Parental Minds for advice and support. Sharing knowledge and insights. Answering your questions. Helping to make informed choices about your loved one.

PARENT+ SUPPORT HUB
Supporting families, exploring pathways

PARENTAL MINDS C.I.C.
Mental Healthcare | Exploring Pathways



EXETER PEER SUPPORT HUB

Parent+ Peer Support, Drop in
Every Tuesday
10.00am - 12.00pm
John Lewis Community Room
Visit customer service by the John Lewis cafe to sign in and we'll meet you there.

Join Parental Minds for advice and support. Sharing knowledge and insights. Answering your questions. Helping to make informed choices about your loved one.

PARENT+ SUPPORT HUB
Supporting families, exploring pathways

PARENTAL MINDS C.I.C.
Mental Healthcare | Exploring Pathways



SIDMOUTH PEER SUPPORT HUB

Parent+ Peer Support, Drop in
Every Wednesday
10.30am - 12.30pm
At Port Royal Sailing Club, Sidmouth

Join Parental Minds for advice and support. Sharing knowledge and insights. Answering your questions. Helping to make informed choices about your loved one.

PARENT+ SUPPORT HUB
Supporting families, exploring pathways

PARENTAL MINDS C.I.C.
Mental Healthcare | Exploring Pathways

Online Peer Support Hub: You can also join Parent+ online on Thursdays, 13.30-14.30pm, on Zoom, via this link: bit.ly/ZoomPeerSupportHub

Find out more about Parent+ Support Hub here: <https://www.parentalminds.org.uk/parent-support-hub-meetings/>



Happy Families
Happy Futures Devon

Devon County Council


We can help if YOU are:

- Constantly arguing about the same things with your partner or ex-partner
- Struggling to communicate with your partner or ex-partner
- Disagreeing with your partner or ex-partner on ways to raise your children

We can offer you **FREE** support to help build a positive parenting relationship. The programmes are aimed at supporting parents, both together and separated, to reduce parental conflict, develop positive communication and problem-solving skills, to manage emotions and create more positive environments for their children.

Please scan the QR code to complete the referral form, or visit www.dcfp.org.uk and search for "Parental Relationships"

Visit www.dcfp.org.uk and search 'Parental Relationships' to find out more.



Kooth & Quell Male Mental Health and Healthy Relationships: Free Webinar Information Session for Qwell Professionals, 10th May, 4-5pm:

In response to recent concerning trends around young men's influences by media figures towards less healthy relationship behaviours, Kooth & Quell have developed a free webinar workshop around Healthy Relationships, which this session will explore along with the topic of Male mental health.

This session is designed for professionals who work to support users, and want to know more about how Kooth and/or Quell can be used as a sole or additional means of counselling and support.

Find out more and book a place here: <https://www.eventbrite.co.uk/e/kooth-qwell-male-mental-health-and-healthy-relationships-tickets-602214067487>



YoungMinds - Exam Stress

Pressure to do well in exams can be overwhelming and affect your mental health. YoungMinds have advice and tips if it's all getting a bit much:

<https://www.youngminds.org.uk/young-person/coping-with-life/exam-stress/>



YoungMinds Parent Helpline, Webchat and Email Services:

Parents Helpline - for advice, emotional support and signposting about a child or young person up to the age of 25, call free on: 0808 802 5544 from 9:30am - 4pm, Monday - Friday.

Webchat Service - provides information and signposting to help parents and carers find the information they are looking for with regards to their child's mental health. Access the webchat via the icon on the bottom right hand side of the screen on the website link below. Parents webchat is open 9.30am - 4pm, Monday - Friday.

Email Service - You can email the YoungMinds Team outside of webchat hours (between 4pm - 9.30am) Monday - Friday, or over the weekend. Click the webchat icon on the bottom right of the YoungMinds webpage screen.

Find out more about the YoungMinds Helpline services here:

<https://www.youngminds.org.uk/parent/parents-helpline-and-webchat/>



Action for Children – Parent Talk: Additional Needs and Disabilities.

Advice for parents of children with special educational needs and disabilities or additional needs. Find information on getting a diagnosis and support for your child, which can be filtered by age and topic.

You can also click the red 1:1 button at the top of the page to find out about the Parent Talk Chat Facility, where a Parent Coach will answer any questions you may have.

<https://parents.actionforchildren.org.uk/additional-needs-disabilities/>

Parenting Teens – Free Course taking place in Paignton:

PARENTING TEENS

New free course

Sign up session: Friday 28th April 10:00am – 12:00pm – find out more ask questions etc.

Session 1: Teenage Brain Development – Responsibilities and making a Connection–

Session 2: Cognitive Triangle - Wellbeing/ Coping Strategies – Relationships– Push and Pull Factors Addictions
Session 3: Exploitation – Keeping Safe – Internet use.

Session 4: Education and Independence- Friendship - Parenting strategies-

Session 5: Friday 2nd June - Bringing it all together - Unanswered questions and feedback- Other resources.
The Beehive, Paignton Enterprise Centre, Bishops Place, Paignton, TQ3 3DZ



Are you parenting or caring for a teenager? Why not join this free course, the sign-up day is taking place at the Beehive in Paignton tomorrow (Friday 28th April). This is a good opportunity to find out more about the sessions.

Walk and Talk SEN Families – May Meet-up:

Next walk: Sunday 7th May Powderham Castle

Walk and Talk SEN families In and around Exeter

Meeting at 3pm on the first Sunday of each month
For more information and meet location, please contact Sarah on 07875 84100
or Search Facebook for: Walk & Talk - SEN families

A place to meet other families on a similar journey

Meet location:
The Strand car park EX6 8PJ
Outside Teign Bean coffee van



Tourettes Action Sleep and TS Webinar:

SLEEP AND TS
WITH VICKI BEEVERS,
CEO OF THE SLEEP CHARITY

WEBINAR
Wed 19th July 2023 8:00 PM BST
Online via Zoom

19th July, 8 - 9pm. Tickets £5.

Find out more and book a place here:

<https://www.tourettes-action.org.uk/news-668-.html>

Family Fund run a range of creative and support iPad workshops. The creative workshops are fun for your child and family, the support workshops are aimed at parents/carers to help get your device set up safely.

Upcoming iPad workshops include:

- Make a Social Story, 3rd May.
- Make it work for you, 5th May.
- Getting started with your iPad, 10th May.
- Checking your benefits online, 16th May.
- Making movies with iMovie, 18th May.
- Staying Safe, 23rd April.
- Make a Social Story, 26th May.
- Making Music, 30th May.
- Create a Comic Strip, 31st May.

Find out more and book a place on any of the above workshops here:

<https://www.familyfund.org.uk/support/technology/discover-digital-workshops/>

Additional Needs Sports Group Sessions in Honiton, Axminster and Ottery St Mary:

(Please note there is currently NO Multi skills running on a Thursday).

ADDITIONAL NEEDS SPORTS GROUP

SESSIONS

WEDNESDAY
 MUAY THAI @ TWIN TIGERS, HONITON 4-5PM
 DANCE FOR ALL @ OTTERY ST MARY AFC 4:30-5:30PM

SUNDAY
 Football 4 All @ Ottery St Mary AFC 9-10am

SATURDAY
 Gymnastics @ Axminster Gymnastics 2-3pm

For more information or to book: Additional Needs Sports Group

Find 'Additional Needs Sports Group' on Facebook for further information and regular updates.

Parent Carer CATCH Peer Support Sessions in Exmouth:



Parent Carer CATCH

(Coffee and Tea, Chat and Help)

You are invited to our parent carer social and peer support sessions...



Wednesday mornings (term time)
9.30 - 11.30 am

at Scott Drive Church,
39 Scott Drive, Exmouth, EX8 3LF
(Car park available at rear of church)

(In warm weather we will be outside in the Wellbeing Gardens)

Please check our Facebook page for updates:
'Esteem Team Parent Carer Support'

(Version from Sept 22)

www.esteemteam.co.uk

Cranbrook Explorers Additional Needs Stay and Play Group:

CRANBROOK EXPLORERS

Additional Needs "Stay and Play" Group

- ★ Sensory Activities
- Craft Corner
- Safe and Welcoming space for families.

Tuesdays 11:15am - 12:15pm
@ The Younghayes Centre
Cranbrook

Frame Running Club Barnstaple:

FRAME RUNNING CLUB
THURSDAY 5-6.30PM
NORTH DEVON ATHLETICS CLUB

FREE SESSIONS & FRAMES PROVIDED.
FRAME RUNNING IS AN ADAPTED SPORT FOR INDIVIDUALS WHO CANNOT FUNCTIONALLY RUN AND RELY ON SPORTS AIDS FOR MOBILITY AND BALANCE.

The Penguin Sports Foundation <https://thepenguinsportsfoundation.co.uk/>
@thepenguinsportsfoundation



Scott Cinemas Autism Friendly Screenings Barnstaple & Exmouth:

These are shows that are held in a supportive environment – lighting is left at half level, sounds is turned down low and people are free to move around the auditorium and talk to each other.

Next Autism Friendly Screening:

Mummies, Saturday 13th May, 10.45am

Find out more and book here:

<https://barnstaple.scottcinemas.co.uk/offers/supportive-screenings>



Action for Children are running a brand-new workshop across the County in June for local workers (toddler groups, pre-school staff, student midwives, breastfeeding peer supporters, foster carers etc) and volunteers working locally with babies and toddlers. It's also a great way to network with other local professionals.

The workshops are free. Places are limited:

Everyday Tiny Moments
(The Art of Noticing)

What's it about?
'Everyday Tiny Moments' encourages us to notice and celebrate the normal interactions between a child and their special adult.

What are the aims of the workshop?

- ✓ To notice the everyday tiny moments and pass on these messages.
- ✓ To understand and celebrate the power of normality.
- ✓ To come alongside parents and encourage them in their role, learning how to notice when communication is hard and support parents in focusing on the positives.
- ✓ Tips on how to positively influence good parental and infant wellbeing.

Who's it for?
Anyone whose role brings them into contact with parents and carers of 0-2-year-olds, whether they are community workforce, group leads, volunteers, peer supporters, early years practitioners, foster carers or library staff.

<p>Mon 5th June 10am – 12.15pm Torridge Children's Centre Victoria Park Kingsley Road Bideford EX39 2QQ</p> <p>https://www.eventbrite.co.uk/e/everyday-tiny-moments-the-art-of-noticing-tickets-616471983237</p>	<p>Mon 5th June 9.30am – 11.45am Ivybridge Methodist Church Fore Street Ivybridge, PL21 9AB</p> <p>https://www.eventbrite.co.uk/e/everyday-tiny-moments-the-art-of-noticing-tickets-616472825817</p>	<p>Tues 13th June 10am – 12.15pm Sticklepath Children's Centre C P School, Barnstaple EX31 2HH</p> <p>https://www.eventbrite.co.uk/e/everyday-tiny-moments-the-art-of-noticing-tickets-616463999417</p>	<p>Tues 13th June 10.15am – 12.30pm Ockment Centre North Street Okehampton EX20 1AR</p> <p>https://www.eventbrite.co.uk/e/everyday-tiny-moments-the-art-of-noticing-tickets-616465383557</p>	<p>Thurs 15th June 10.15am – 12.30pm John Tallack Centre 5 Meadow Lane Cullompton EX15 1LL</p> <p>https://www.eventbrite.co.uk/e/everyday-tiny-moments-the-art-of-noticing-tickets-616466506917</p>	<p>Tues 27th June 10.30am – 12.45pm Seaton Children's Centre Trevelyan Building Fore St, Seaton EX12 2AN</p> <p>https://www.eventbrite.co.uk/e/everyday-tiny-moments-the-art-of-noticing-tickets-620802004507</p>	<p>Weds 28th June 9.30am – 11.45pm Chestnut Children's Centre Magnolia Ave, Exeter, EX2 6DJ</p> <p>https://www.eventbrite.co.uk/e/everyday-tiny-moments-the-art-of-noticing-tickets-616443829087</p>
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Please join us in celebrating the great everyday tiny moments!

SCAN THE QR CODE ABOVE OR CLICK ON THE LINK FOR THE EVENT YOU'D LIKE TO BOOK ON EVENTBRITE

How can I get in touch?
You can email us at: communityaction@actionforchildren.org.uk

For further information email: communityaction@actionforchildren.org.uk

Disclaimer: The information contained within these snippets is for general information purposes only and is provided by various organisations. Whilst we endeavour to keep the information up to date and correct, we make no representations or warranties of any kind, express or implied, about the completeness, accuracy, reliability, suitability or availability with respect to the information, products, services or otherwise included in this publication for any purpose. Any reliance you place on such information is therefore strictly at your own risk.

