



# Learning Disability Team Information sheet



**The Learning Disability Team** are a specialist team made up of Learning Disability nurses and child learning

Disability Clinical Psychologists.

This sheet is intended to offer information relating to behaviour, sleep, communication, toileting and wellbeing. The organisations listed are a general overview of what is available in relation to the Learning Disability Service.

For more information on the LD service go to:

<https://childrenandfamilyhealthdevon.nhs.uk/learning-disability-nursing/> or have a look at their

facebook page:

<https://www.facebook.com/CFHDChildrensLD/>

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**Children and Family Health Devon**

(CFHD) website offers a wide range of information and resources on the

services they provide, for full details go to:

<https://childrenandfamilyhealthdevon.nhs.uk/>

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**Signpost Plus**

Provide weekly information snippets on a wide range of information. Snippets are

available to everyone and anyone who would find the information they produce of use to them or someone they care for. If you would like to sign up for southern snippets send your email address to [kris.dent@nhs.net](mailto:kris.dent@nhs.net) and for northern snippets

send your email to [amandasmithson@nhs.net](mailto:amandasmithson@nhs.net)

To view archive Snippets, go to the Children and Family Health Devon Signpost Plus webpage.

On offer are a variety of additional information sheets, hints and tips. For more details go to:

<https://childrenandfamilyhealthdevon.nhs.uk/signpostplus/>

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**Communication and Interaction Team (Babcock)**

The team enable settings to provide best practice in educational provision for pupils with Autism and SLCN, including:

- high quality teaching
- targeted group interventions
- individualised learning

They enable staff to meet the needs of pupils through whole-school development, consultancy and training. In collaboration with schools and other professionals, they support parents/carers through parent programmes for both Autism and Speech, Language and Communication Needs (SLCN). Direct engagement with parents/carers is always facilitated in partnership with school staff.

For full details go to:

<https://www.babcockldp.co.uk/disadvantaged-vulnerable-learners/send/communication-and-interaction>

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**Social Services – Children with Additional Needs**

This service is managed by Devon County Council. Referrals are processed by Children & Family Health Devon single point of access.

Link to Devon County Council website:

<https://new.devon.gov.uk/send/>

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**Devon Early Years Complex Needs Service (EYCN)**

An early years education service for children with significant or complex developmental delay in two or more areas of development. One of these areas must be cognition (acquiring knowledge or understanding). EYCN works closely with a wide number of professionals from health, education and care.

All referrals to EYCN go through the Single Point of Access (SPA) based in Exeter

Email: [CFHD.DevonSPA@nhs.net](mailto:CFHD.DevonSPA@nhs.net) or telephone 03300 245 321.

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## Speech and Language Therapy (SALT)

Offering support to children who experience speech, language,

communication or swallowing difficulties through working on communication, understanding, talking, speech sounds and stammering.

Speech and Language Therapists offer support to children and young people from birth to 18 years where communication difficulties are impacting on their ability to fully participate in daily life.

For more details go to:

<https://childrenandfamilyhealthdevon.nhs.uk/slt/>

or the Facebook pages,

Pre-school -

<https://www.facebook.com/cfhdpreschoolslt/>

School age - <https://www.facebook.com/Devon-School-Age-Speech-Language-Therapy-107022904440340/>



## Rehabilitation Officer for Visually Impaired Children (ROVIC)

ROVIC provides habilitation (initial acquisition of skills) and rehabilitation (re-establishing skills), as well as support and liaison eye services within the ophthalmic paediatric eye clinics in hospitals across Devon. This includes providing advice, information, assessment, guidance and skills training on approaches and practice to encourage, motivate and support an individual's development in the presence of visual impairment / deaf blindness / multi-sensory impairment (MSI) and/or coexisting needs.

Full details on the service available here:

<https://childrenandfamilyhealthdevon.nhs.uk/rehabilitation-officers-for-visually-impaired-children-rovic/>



## Child and Adolescent Mental Health Services (CAMHS)

The service provides help for children and young people who may

be experiencing problems with their emotional or psychological wellbeing or mental health. For full details go to:

<https://childrenandfamilyhealthdevon.nhs.uk/camhs/> you may also want to have a look at the

resource CHAMS signpost to, such as: Timed to Tiger, a treatment manual for parenting the anxious child:

<https://www.mindmate.org.uk/resources/from-timid-to-tiger-a-treatment-manual-for-parenting-the-anxious-child/> and BIS-Net who

offer a wide range of services, including:

- Training services for parents and carers

- Relationship Development Intervention (RDI®) consultation

- Family Therapy service

- community Support

Throughout their service they work in a person-centred way, going at your pace and valuing your views and expertise. For Full details on all their services go to: <https://www.cedaonline.org.uk/bis-net>



## Early Help - What is it?

Early Help is the extra support your family can get if you need

it. It may be that you want to prevent a problem, or change things for your family before the problem becomes more serious.

It is not a specific service or team, it's an approach that brings together people from a range of services and teams who will work together with your whole family to help improve the situation for everyone.

It can offer support to families from pre-birth to adolescents with all sorts of issues from parenting, employment and school attendance to emotional wellbeing or anti-social behaviour.

For more details go to:

<https://www.dcfp.org.uk/early-help/>



## Action for Children – Children's Centre's

To find out where your nearest centre is and what they can offer you and your family go to:

<https://www.actionforchildren.org.uk/in-your-area/>



## Autism Spectrum Assessment Service

Autism Spectrum Disorder (ASD) is a condition that affects social

interaction, communication, interests and behaviour. Please visit the [NHS Choices page](#) for more information.

The Autism Spectrum Assessment Service provides diagnosis and help for children and young people up to 18 years of age suspected of being on the Autism Spectrum. For full details go to:

<https://childrenandfamilyhealthdevon.nhs.uk/autism-spectrum-disorder/> or have a look at their

Facebook page:

<https://www.facebook.com/CFHDAutism/>



offer a wide range of services, including:

- Training services for parents and carers



**Mencap** have an excellent page on their website for Learning Disability related information including sleep issues. For more details go to:

<https://www.mencap.org.uk/learning-disability-explained/learning-disability-and-conditions>

For sleep information go to:

<https://www.mencap.org.uk/advice-and-support/sleeping-tips>

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### Learning Disabilities Foundation

This organisation offer possible answers to a variety of frequently asked questions

for those learning to live with a Learning Disability. For more details go to:

<https://www.learningdisabilities.org.uk/learning-disabilities/a-to-z/l/learning-disabilities>

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### Cerebra – Sleep Advice service

Cerebra understand that if you have one child that doesn't

sleep, the whole family suffers. Their range of sleep services will help your child – and everyone in your family – get a good night's sleep. For more details go to: <https://cerebra.org.uk/get-advice-support/sleep-advice-service/>

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### LD Resources Foundation Action.

LDRFA explore the importance of sleep

for people with ADHD & Learning Disabilities who suffer from sleep deprivation. For more details go to:

<https://www.ldrfa.org/importance-of-sleep-for-people-with-adhd-learning-disabilities/>

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### ERIC

The Children's Bowel & Bladder Charity has been dedicated for over 30 years to improving the lives of all

children and teenagers in the UK facing continence challenges.

For information on a range of toileting topics go to: <https://www.eric.org.uk/our-vision>

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### Bladder and Bowel UK

Toilet training is an

area of normal child development that causes anxiety for many families. However, when a child has a disability it is an even bigger hurdle for parents and carers, although the children, particularly those with learning or sensory disabilities are not usually concerned.

For more information go to:

<https://www.bbuk.org.uk/blog/toilet-training-children-disabilities/>

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### The Challenging Behaviour Foundation

are the charity for people with severe learning disabilities whose behaviour challenges. The charity is making a

difference to the lives of children and adults across the UK through:

- providing information about challenging behaviour
- peer support groups for family carers and professionals
- supporting families by phone or email
- running workshops to reduce challenging behaviour
- speaking up for families nationally / campaigning

To find out more go to:

<https://www.challengingbehaviour.org.uk/>

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### Learning Disability Matters

for Families

### Learning Disability Matters

Communication - Children and young people with learning

disabilities have a range of communication needs. Some communicate using speech, others communicate via body language, eye pointing or facial expressions. Some children and young people need support to communicate, use symbols or voice-output communication devices. For more information on this and other Learning Disability Matters info go to:

<https://learningdisabilitymatters.co.uk/communication/>

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## British Institute of Learning disabilities BILD

help those supporting people with complex needs – including their

members, universities, government departments, local authorities, NHS trusts, service providers and mainstream organisations - to champion rights, ensure excellent support and continually improve practice.

They offer:

- Workforce development, accreditation and training
- Organisational development and consultancy
- Grant-funded projects to support government initiatives
- Communities of Practice, guidance publications and conferences

The website offers a wide range of information including details on:

- Training
- Consultancy
- News
- Events
- Resources

For full details go to:

[www.bild.org.uk](http://www.bild.org.uk)

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## Devon Carers

If you are a carer of someone with a Learning Disability you have very likely been a parent carer and so

have been caring for a long period of time, which frequently has had an impact on your sense of physical, emotional and mental wellbeing, social life, work, interests and relationships and it is understandable that at times you may feel exhausted or “at the end of your tether.” It is vital that as a carer you look after your mental and physical health in order to meet the support needs of the person you care for, but also for yourself. Devon Carer’s was set up to help you do this and in recent years they have extended their service and what they can offer. For more details go to: <https://devoncarers.org.uk/information-and-advice/quick-help/i-care-for-someone-with/learning-disabilities/>

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## DiAS - Devon Information, Advice and Support

DiAS have a dedicated team offering legally-based and easily accessible information and advice about special educational needs and disabilities (SEND). They support parents, carers, children and young people with SEND and their service is impartial and confidential.

They can help you to:

- Understand more about SEND support
- Develop good relationships with professionals
- Prepare well for meetings
- Express yours and your child’s views
- Understand the paperwork

For more details go to:

<https://www.devonias.org.uk/>

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**Pinpoint** is a Devon County Council information website that offer details on

community services in Devon.

For more information go to:

<https://www.pinpointdevon.co.uk/>

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Jessica Kingsley Publishers

## Jessica Kingsley Publishers

Have a look at this website to find a huge variety of books related to Learning Disabilities.

Click here for more details:

<https://www.jkp.com/uk/catalogsearch/result/?q=learning+disability>

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*Disclaimer: The information on this sheet is for general information purposes only and is provided by various organisations. Whilst we*

*endeavour to keep the information up to date and correct, we make no representations or warranties of any kind, express or implied, about the completeness, accuracy, reliability, suitability or availability with respect to the information, products, services or otherwise included in this publication for any purpose. Any reliance you place on such information is therefore strictly at your own risk.*

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