

SIGNPOSTplus Information Snippets

Southern Devon and Surrounding Area

23rd July 2020



Signpost Plus

The weekly snippets we provide are available to everyone and anyone who would find the information of use to them or someone they care for. If you would like to sign up for southern snippets send your email address to kris.taylor@nhs.net and for northern snippets send your email to amandasmithson@nhs.net To view archive Snippets, go to the Children and Family Health Devon Signpost Plus webpage. On offer are a variety of additional information sheets, hints and tips. For more details go to: <https://childrenandfamilyhealthdevon.nhs.uk/signpostplus/>



Play areas in Exeter

are set to reopen – many of them with improved equipment. From Monday (20 July)

play areas across the city will begin to reopen. However, with a total of 71 throughout Exeter, it may be later in the week by the time that some are opened up.

Advice for users is to watch out for announcements on social media. Exeter City Council has taken the time during 'lockdown' to carry out improvements to five play areas in the city, including King George V Playing Fields, St Thomas Pleasure Ground and Cowick Barton Playing Fields.

With certain restrictions being lifted by the government, the Council has put in place a rigorous cleaning regime to ensure play areas in Exeter remain safe for those that use them. There will however be restrictions on the number of people in each play area at one time and users, parents and guardians are expected to use their own hand sanitizer before and after use.



KOOTH

Don't forget that young people in Devon aged 11 to 25 can access free and confidential mental health support over the summer through Kooth. Learn more at www.kooth.com/



Returning to Schools in September

What Settings need to consider in September 2020 - the link below to the guide aims to support schools / colleges in the planning for SEND learners as they transition back into school / college following the COVID 19 pandemic. To find out more click on the link: [Leading SEND – What settings need to consider in September 2020](#)



The Autism Education Trust

The Trust has a whole host of information relating to transitioning back to school after Covid 19.

<https://www.autismeducationtrust.org.uk/covid-19-information-centre/>

They also have a brilliant

<https://www.autismeducationtrust.org.uk/kids-zone/> section on the website



Preparing for Adulthood update

Earlier in the coronavirus (COVID-19) outbreak, to reduce the pressures on the Adult Social Care team, [the Preparing for Adulthood \(PfA\) team took over managing the majority transitions of young people who are aged 17.5-18 years](#). However, Adult Social Care Community teams are now able to take over the management of transitions to Adult Social Care (once the young person has turned 17 years old). This means that the PfA team is returning to early preparation work and earlier engagement with young people and their families. Where the PfA team have started working with a young person and their family on the transition to adult services, the PfA will continue to support the young person until after their 18th birthday.

Click on the blue text above for more details.

Communication and Interaction Team.

Online training available from next term, this is an opportunity for staff to access training during these uncertain times. £40+vat per delegate each module.

Thursday, 1st October 2020

ONLINE DELIVERY of 90-minute session
Module 1: Understanding and Identifying SLCN

This session will:

- provide an overview of SLCN and development
- Support planning and inclusive teaching for pupils with SLCN
- raise awareness of screening tools for SLCN and help staff to measure progress in language and communication
- increase understanding of the links between language and literacy.

Thursday, 12th November 2020

ONLINE DELIVERY of 90-minute session
Module 2: High quality, universal provision

This session will:

- Explore the research and best practice on how to design the learning environment, language learning opportunities and teacher talk to improve attainment and well-being
- Increase the use strategies for effective High-Quality Teaching
- Consider strategies for the teaching of oracy skills in the classroom

For further information contact:

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Free School meals extended over the summer holidays

Children in England who are eligible for free school meals will receive a six-week food voucher to cover the summer holiday period, following a campaign by Manchester United and England footballer Marcus Rashford. A spokesman for the prime minister announced that all children eligible for free school meals during term time in England will continue to be provided for through a 'COVID-19 Summer Food Fund'

If you are on a low income, you or your family may also be entitled to claim for free school meals. Click on the link for more details: [The criteria for free school meals is on the government's website](#)



Get children reading this summer

Enjoy 6 FREE issues of The Week Junior plus a £5 book voucher

As a celebration of the Summer of Reading challenge, you can try 6 weeks of The Week Junior for free, terms and conditions apply. The Week Junior is a fun, fact-filled magazine for 8-14-year olds, it's delivered weekly and is filled with fascinating stories and information to help children make sense of the world. It explains the news and events in ways that children understand; immediate, colourful, exciting. Written to engage a young person's point of view, without spoon-feeding or patronising, every issue is packed with current affairs, animals, nature, science, books, sport, technology, films, recipes, puzzles and more.

For more details go to:

https://theweekjunior.co.uk/sor-specialoffer?channel=social1&utm_source=facebook.com&utm_medium=social&utm_campaign=sor_acquisition_03lalpur_summer&fbclid=IwAR3Ej1O8c6_utjU1T1C4xwPwY1gWlZ9H5KkJHrFnaWLQIE9_Gl_4tLtx3Oc



Face Coverings

Wearing a face covering in shops and supermarkets in England is to become mandatory from Friday 24th July 2020. Find out more:

<http://ow.ly/G15q50Aylxd>



SEN Magazine

To read the latest edition of SEN magazine click on the link below:

https://senmagazine.co.uk/content/education/post-16-18/11627/preparation-for-adulthood-support-send-pupils-for-their-futures/?fbclid=IwAR3Kjib9aIUjISCBXtKOSUvy9yB02j3Me_3blw1NRrqCddJtLjB-XUXoiA



In partnership with



Balancing Screen time

Creating a balanced

digital diet with screen time tips.

Find simple tips to help children develop healthy online habits and a good digital diet to help them thrive on and offline. For more details go to:

https://www.internetmatters.org/resources/creating-a-balanced-digital-diet-with-screen-time-tips/?utm_source=ss_facebook&utm_medium=social&utm_campaign=alwayson_Jul_screentimeA&fbclid=IwAR2kQHg8kplM_GqS-V1-hBDF1zC-Dg0xkQf5dbf3625q3IO1vxQM-Fu4NYS



lifeworks
Learning disability champions

Life works - Holiday Bubble Programme

Please see attached

information from Lifeworks regarding their Bubble programme, **full details are listed in the attached poster.**



Locality Summer Holiday provision

Sadly this year there are less settings available due to the uncertainty of the COVID 19 situation.

With that in mind please see the attached spread sheet with information relating to summer holiday provision in various areas throughout Devon.

Please see attached



Family Fund

Does your child go through clothes quickly? Or is their clothing frequently damaged? Family Fund work with Park to provide clothing grants if a

child or young person has additional clothing needs.

You can find out more here:

<https://www.familyfund.org.uk/clothing>



Contact - For families with disabled children

Free workshops for parents with disabled children are now virtual – book your place today!

Topics include:

- ◆ Money matters – for parents of children with additional needs
- ◆ Encouraging positive behaviour in young children
- ◆ Wellbeing for parents of children with additional needs
- ◆ Helping your child sleep
- ◆ Support for speech and language issues in young children

To book a place click on the link:

<http://ow.ly/moKI50Aulo4>



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Useful Emergency Contact Numbers:

NHS Helpline: **111** Use **999** if a medical emergency.

Multi Agency Safeguarding Hub, if you are concerned about your own safety or that of a child or young person: **0345 155 1071**

National Domestic Abuse Helpline (Devon): **0808 2000 247** (24 hours) Use **999** if you are in immediate danger.

YoungMinds Crisis Messenger, for free 24/7 support across the UK if you are a young person experiencing a mental health crisis. If you need urgent help **text YM to 85258**

Samaritans (24 hours): **116 123**

Citizens Advice Bureau National Helpline: **03444 111 444**



Find us on Facebook.....like the SIGNPOSTplus page for regular updates on all things related to children with additional needs. An archive of recent snippets can be found at the

[SIGNPOST plus page](#) on the Children and Family Health Devon website

If you no longer wish to receive these bulletins please let me know and I will remove your details from the mailing list.



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