

# SIGNPOSTplus Information Snippets

## Southern Devon and Surrounding Areas

### 5<sup>th</sup> March 2020



#### Ivybridge Donkey Sanctuary – Easter fun day

Friday 10th April 2020 from 10:00-15:00 at Godwell Lane, Ivybridge PL21 0LE.

The Donkey Sanctuary Ivybridge invites visitors for an Easter Egg-travaganza. The free day out promises fun for all the family including the all-weather Easter trail and Egg-cellent tombola.

To find out more go to:

<https://www.facebook.com/events/821759081624435/> or  
<https://www.thedonkeysanctuary.org.uk/visit-us/ivybridge>



#### Ellen Tinkham Parent Group

Thursday 12<sup>th</sup> March from 1.30pm-2.30pm at Ellen Tinkham College, EX1

3LF

Why not go along and talk to other parents, enjoy coffee and a cake and make symbolised resources for home.

RSVP [ecareylewis@ellentinkham.devon.sch.uk](mailto:ecareylewis@ellentinkham.devon.sch.uk)

#### Cerebra



Children with brain conditions can sometimes find learning to use the toilet more difficult because of their physical, behavioural or sensory

differences, as well as learning difficulties. Help is at hand with Cerebra's easy to use guides.

All children are different and toileting problems can have a number of different issues. Their guide covers a range of potential causes and suggests a range of approaches that may help.

To find out more go to:

<https://cerebra.org.uk/download/toilet-training-a-guide-for-parents/?fbclid=IwAR0vNPMCvIQQuXgzEEvuNIZDGd2keJSJm-nlq8B67CQ13c5IQ6fBLiyaz1M>



#### World Down Syndrome Awareness Day

21<sup>st</sup> March 2020

To celebrate World Down Syndrome Awareness Day you are invited to wear odd, brightly coloured socks, maybe even 3 socks for 3 chromosomes!



#### Everyone is Awesome

Saturday, 21st March 2020 from 10:00-11:30 at Alphington Village Hall & Community Centre, Exeter, EX2 8UP. £5 per child, 3 and under free with a Drink and biscuit included.

Duplo is available to play with for the under 3s'.

To find out more contact: T: 01626 899183

M: 07708 996450 or

E: [info@everyone-is-awesome.co.uk](mailto:info@everyone-is-awesome.co.uk)

you may also want to have a look at their website:

<https://www.everyone-is-awesome.co.uk/>



#### Ivybridge Donkey Sanctuary

Saturday Club is a limited visiting time when people with

a variety of needs are able to visit with their families for ground based donkey interaction. It's a chance to relax over a cup of tea/coffee and meet other parents and carers.

The club is a free service and available from 9.30am on March 7<sup>th</sup>, April 4<sup>th</sup>, May 2<sup>nd</sup>, July 4<sup>th</sup>, August 1<sup>st</sup>, September 5<sup>th</sup> October 3<sup>rd</sup> and November 7<sup>th</sup> 2020

Pre-booking is essential, contact 01752 690200 for more information and to book your space.



#### Youth Intervention Centre Workshop

Friday 24<sup>th</sup> April 2020 from 10am –

4pm at the Youth Intervention Centre, Ivybridge, Devon. Creative approaches to working therapeutically with young people. This will be a collaborative and experiential based training workshop where you will learn hands-on, creative activities to help support young people's emotional needs and to allow therapeutic work to take place through a creative output.

Cost £95, this includes an informative training manual plus light refreshment, lunch is not included. For further details go to

[www.youthinterventioncentre.com](http://www.youthinterventioncentre.com)

To book a place go to:

[info@youthinterventioncentre.com](mailto:info@youthinterventioncentre.com)



## Bis-net courses are coming to Tiverton this summer

Caring for a child with behaviour support needs can be challenging and at times isolating. Bis-net courses give parents and professionals a chance to learn strategies and techniques that have been used in professional practice and in the home with success. The course also offers group activities allowing you to meet others going through similar experiences and share ideas and support. To find out more about the training in Tiverton go to: <https://www.devon.gov.uk/eycs/bis-net-courses-are-coming-to-tiverton-this-summer/>

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## Hungry Little Minds Apps

Eight early years apps with a focus on literacy, language and communication, have been awarded a quality mark by the Department for Education. This comes after new data reveals three quarters of children aged five and under have used smartphone or tablet apps at least once in the last six months to learn. The full list of apps can be found on the Hungry Little Minds website: <https://hungrylittleminds.campaign.gov.uk/>

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## Beep Beep! Day

Wednesday 18th March and Wednesday 18th November 2020

Every year thousands of tots and infants aged 2-7 take part in a special Beep Beep! Day organised by their school, nursery, playgroup or childminder, to help save little lives. It's a great way to engage children with the road safety basics through fun activities, while raising awareness among parents and the wider community about protecting children on roads.

Get your action pack and register now for a free online action pack to help you run your Beep Beep! Day.

Register now at: <http://brakezebras.org/beep> or email: [beepbeep@brake.org.uk](mailto:beepbeep@brake.org.uk) or call 01484 550061

For more details go to:

<https://www.devon.gov.uk/eycs/beep-beep-day-wednesday-18-march/>

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## Time for YOU

from May 2020 Time for YOU are offering two new groups, one in Buckfastleigh starting Friday 15<sup>th</sup> May from 12.15 – 2.15pm at Jellyfish Arts Hub for 8 weekly meetings.

The other group is in Plymouth on Thursdays from 10am – 12pm at Routeways, Devonport, Plymouth from 14<sup>th</sup> May for 8 weekly meetings. These are FREE groups but booking ASAP is essential.

For full details please see the attached flyers

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## Volunteer with DiAS

Free Two day Training Course: Monday 16th & Wednesday 18th

March from 9.45am - 2.30pm at Ivybridge Library, PL21 0SZ

Want to make a difference? Need a new challenge? Volunteer with DiAS!

DiAS provides information advice and support for parents of children and young people from 0-25 who have Special Educational Needs (SEND) as well as working directly with young people with SEND.

They are looking for committed volunteers from all areas of Devon to work with them to provide this support.

DiAS offer extensive training opportunities, a chance to widen your experience and develop your CV, and the opportunity to make a real difference to people navigating the world of SEND support.

For more information go to:

[https://www.facebook.com/DevonInformationAdviceSupport/?\\_tn\\_=%2Cd%2CP-R&eid=ARB5HP2o4BM1s4CvYF3\\_z1tg58EQVQDKCEEUT91vuJ6N51A0KY8eqr0ax3ljPdwe5mITn7p8Tfby1DL5](https://www.facebook.com/DevonInformationAdviceSupport/?_tn_=%2Cd%2CP-R&eid=ARB5HP2o4BM1s4CvYF3_z1tg58EQVQDKCEEUT91vuJ6N51A0KY8eqr0ax3ljPdwe5mITn7p8Tfby1DL5)

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## Quiet at the Aquarium, Plymouth

Saturday, 4th April 2020 from

17:00-19:00 at the

National Marine Aquarium

Rope Walk, Coxsede, Plymouth PL4 0DX

This Easter, the Aquarium is set to open its doors once again for its popular after-hours event, Quiet at the Aquarium.

Designed to allow families and individuals with sensory needs to explore its exhibits without the noise and distraction of the normal daytime crowds, visitors will be able to enjoy a serene and tranquil atmosphere that will allow them to focus on the beautiful Ocean life that surrounds them.

Adults - £6.50, Children - £5.00, Under 3's/ Carers - Free

For more details go to:

[https://nationalaquarium.digitickets.co.uk/event-tickets/3671?catID=21582&&fbclid=IwAR2IsWfTs\\_4GdhmdVRQCvFHF2H-Ys9a24YyL1ZMrhJpRkJTDxkyEfJvINj0](https://nationalaquarium.digitickets.co.uk/event-tickets/3671?catID=21582&&fbclid=IwAR2IsWfTs_4GdhmdVRQCvFHF2H-Ys9a24YyL1ZMrhJpRkJTDxkyEfJvINj0)

**Scope**  
About disability

### Scope

Are you a disabled person looking for work? If so, Scope can help to

secure a job. Their Support to Work programme will help you in writing your CV, preparing for interviews, and many more.

For more details go to:

[https://www.scope.org.uk/employment-services/support-to-work-register/?utm\\_source=facebook&utm\\_medium=p\\_aidsocial&utm\\_campaign=stw-test&fbclid=IwAR1LmC-3bhDTsa5Rii9DYIjW6LYJJ4SffZt4KRwqevFyk\\_TAZnzGABBFcNw](https://www.scope.org.uk/employment-services/support-to-work-register/?utm_source=facebook&utm_medium=p_aidsocial&utm_campaign=stw-test&fbclid=IwAR1LmC-3bhDTsa5Rii9DYIjW6LYJJ4SffZt4KRwqevFyk_TAZnzGABBFcNw)



## ROVIC Roadshow – for families and carers of visually impaired children.

Saturday 28th March from 11am – 3pm at Clyst St Mary village hall, Clyst St Mary, Exeter EX5 1AA

The day will include a variety of activities (see attached flyer for details) to book a place for this free event contact:

Tel: 01392 383745 email

[emma.collyer@devon.gov.uk](mailto:emma.collyer@devon.gov.uk) or speak to your individual ROVIC worker.



## Phoenix Ascends - Sensory Snippets

Monday 9th March 2020 from

09:45-11:15 At Cranbrook Education Campus Tillhouse Road, Cranbrook, Exeter, EX5 7EE

A short presentation on our 8 senses and their impact on sensory processing.

For more details go to:

<https://www.facebook.com/phoenixasends.devon/>



## Child Brain Injury Trust

Does your child have memory problems as a result of their ABI?

How do these memory issues impact day to day life?

What strategies do you and your child use to manage this?

This year's Action for Brain Injury Week (in May), will focus on memory.

Child Brain Injury Trust is looking for families to share their experiences around memory problems and tips used to overcome these issues.

Please contact: [amelialarard@cbituk.org](mailto:amelialarard@cbituk.org) if you are happy to share your top tips on remembering.



**Find us on Facebook.....like the SIGNPOSTplus page for regular updates on all things related to children with additional needs.**

**An archive of recent snippets can be found at the [SIGNPOST plus page](#) on the Children and Family Health Devon website**

***If you no longer wish to receive these bulletins please let me know and I will remove your details from the mailing list.***

*Disclaimer: The information in these snippets is for general information purposes only and is provided by various organisations. Whilst we endeavour to keep the information up to date and correct, we make no representations or warranties of any kind, express or implied, about the completeness, accuracy, reliability, suitability or availability with respect to the information, products, services or otherwise included in this publication for any purpose. Any reliance you place on such information is therefore strictly at your own risk.*



