

SIGNPOSTplus Information Snippets

Northern Devon and Surrounding Areas

5th March 2020



ROVIC

Rehabilitation Officer for Visually Impaired Children

Roadshow

"Bringing sight impaired children, parents and carers together"

Clyst St Mary Village Hall, Clyst St Mary, Exeter, EX5 1AA

Saturday 28th March 2020 – 11am to 3pm

What you can expect...

Time	Activities
11:00-12:00	<ul style="list-style-type: none"> ◆ Yoga for Special Children ◆ Biscuit Making ◆ Under 5's Sensory Play
12:00-13:00	<ul style="list-style-type: none"> ➢ Table Cricket ➢ Make Your Own LUSH Bath Bomb ➢ Under 5's Sensory Play
13:00-14:00	<ul style="list-style-type: none"> ◆ Yoga for Special Children ◆ Make Your Own LUSH Bath Bomb ◆ Leafbug Interactive Music Workshop
14:00-15:00	<ul style="list-style-type: none"> ➢ Table Cricket ➢ Biscuit Making ➢ Leafbug Interactive Music Workshop
All Day	<ul style="list-style-type: none"> ❖ Inflatable Assult Court (2 at a time) ❖ Newton Abbot Soccability FC



Please come along and join in

Contact us to book, or for more information;
Phone: 01392 383745 / your individual ROVIC worker
Email: emma.collyer@devon.gov.uk



Free Home Safety Visits.

A home safety visit is a free service offered to residents of Devon and Somerset whose household has a child under the age of 18, and anyone with a disability, mobility issue or sensory loss (see link for full eligibility list). Devon and Somerset Fire and Rescue Service will arrange for one of their friendly Home Safety Technicians to visit you in your home. The visit usually takes around 45 minutes. Find out more and book you free Home Safety Visit [here](#)



Scott Cinemas Barnstaple Supportive Screenings

(Autism Friendly). These are shows that are held in a supportive environment - lighting is left at half level, sound is turned down low, and people are free to move around the auditorium and talk to others. The next showing will be Sonic the Hedgehog on 8th March. Find out more here: <https://barnstaple.scottcinemas.co.uk/offers/supportive-screenings>

contact For families with disabled children

Contact – Live Chat Facility

Contact Live Chat can help you find the information and advice you're looking for on the Contact website. If a helpline parent adviser is available for Live Chat, the speech bubble at the bottom right of your screen will appear in blue. Click it to start Live Chat. The speech bubble will be greyed out when Live Chat is unavailable. Find out more about the information available here: <https://contact.org.uk/advice-and-support/>



Riding for the Disabled Association Quarterly Newsletter – Subscribe for Free.

Packed with news, articles and stories about all areas of RDA life. RDA Magazine is a great way to hear about all the ways they are supporting their participants and volunteers – and how they are encouraging more people to take part. Subscribe [here](#) Find you nearest RDA Group [here](#)



Ambassador Volunteer Induction Training.

Are you a parent, carer and/or professional interested in championing change and influencing policy for children and young people with SEND? The aim of this training is to prepare volunteers who would like to be a link in their own community. The Ambassador Volunteer will help parents become informed, know how to access Devon information advice and support services (DiAS) and have their voice heard. By the end of the day you will have:

- An understanding around the key principles of volunteering,
- A greater awareness of DiAS services and how parent/ carers can access information advice and support for children with SEND.
- An understanding of the Ambassador Volunteer project, how the Ambassador Volunteer role works as a link between parent/ carers- the Parent Carer Forum Devon and SEND local offer services to influence change for children with SEND.

The training will be taking place on Tuesday 17th March 2020, 10am – 2.30pm at Petroc, Tiverton Campus-Business Hub, Bolham Road, Tiverton EX16 6SH. Book a place [here](#) or to find out more about the project email: megan.kenneallystone@devon.gov.uk



Speech and Language Therapy Advice Line

Thursdays from 2.00 - 4.30pm

Telephone number:

0333 321 9448

For advice about typical speech and language development, speech, language and communication difficulties, encouraging development of speech and language, implementing therapy advice etc.

For advice about waiting times or to make a referral, please contact Single Point of Access team on 0330 024 5321



National Marine Aquarium Plymouth – Quiet at the Aquarium. Designed to allow

families and individuals with sensory needs to explore its exhibits without the noise and distraction of the normal daytime crowds, visitors will be able to enjoy a serene and tranquil atmosphere that will allow them to focus on the beautiful Ocean life that surrounds them. Saturday 4th April 5pm-7pm. Adults - £6.50, Children - £5.00, Under 3's/ Carers – Free. Book tickets [here](#)



The PDA Society have launched their new website.

There are some layout changes including a handy search bar with key headings: 'Resources' - much of the information is now in a resource library which is organised by category as well as being searchable. There are new sections including; 'What is demand avoidance?', 'Identifying PDA', 'Working with PDA' and much more. They've also put together a quick link guide to the most frequently asked questions their enquiry line service receives about PDA. Event listings are now searchable by location, date or keyword. The discussion forum has a new look too – please note that existing users will need to re-set passwords on first sign in. The PDA Society would love to hear your feedback on the new site: <https://www.pdasociety.org.uk/>



Circus Starr have teamed up with Mobiloo

and will this year be offering Changing Places accessible toilets at every venue of their Spring 2020 tour. Children with disabilities, families on low income, those facing challenges such as domestic violence, bereavement or who may be living with a life-limiting condition can go along and enjoy a free inclusive circus performance. Every child, whoever they are, is free to be themselves at a Circus Starr Show – shout with joy, move to the music or appear centre stage! Tour dates for Devon this year are: 26th May – Torquay, 28th May – Plymouth & 30th May – Exeter (BSL). Find out more and complete the short application for FREE tickets now at: <https://www.circus-starr.org.uk/> Circus Starr wants everyone to be able to go along to their show and have the best experience possible. With an aim of improving their sensory accessibility they have partnered with Joanna Grace, a sensory engagement and inclusion specialist from The Sensory Projects. Together they have created a sensory story and pack that can assist with the preparation to go to the show. Read more about the sensory pack and order yours [here](#)

youngSibs YoungSibs – Focus on Siblings and Autism

YoungSibs would love to hear from siblings about what life is like if you have a brother or sister with autism. What stuff do you do together? Do you have any top tips for other siblings about what you know about Autism and how it affects your family? YoungSibs have got some great ideas for how you can have fun with your family on 'Good Sibling Stuff'. You can also learn about Autism on their information page – and if you have any questions about Autism you can 'Ask a Sibling Advisor'. Find out more here:

<https://www.youngsibs.org.uk/siblings-and-autism/>

Each month YoungSibs have a different focus area, you can read an archive of past spotlight subjects here:

<https://www.youngsibs.org.uk/spotlight-on-sibling-issues/>



A Parent's Guide: Improving the well- being of young children with learning disabilities

Researchers at the University of Warwick have worked with a group of parents of children with learning disabilities, Mencap, the Challenging Behaviour Foundation, and Cerebra to write a guide for parents to support the well-being of young children with learning disabilities. Download your copy here:

<https://warwick.ac.uk/fac/soc/cedar/parentsguide>

the curly hair project

Autism Learning Courses in Devon

Suitable for:
Autistic adults
Parents and carers

Anyone working with autistic adults or autistic children

COURSE NAME	LOCATION	DAY/ DATE	TIME
Autism Learning Course	Barnstaple	Tuesday 17 March	9.15 AM – 3.30PM
Emotions & Autism workshop	Tiverton	Wednesday 22 April	7-9pm
Autism in Everyday Life	Exeter	Friday 15 May	9.15 AM – 3.30PM
Autism & Mental Health	Barnstaple	Tuesday 23 June	9.15 AM – 3.30PM
Females & Autism	Tiverton	Wednesday 24 June	7-9pm
Strategies for Living with Autism	Plymouth	Friday 3 July	9.15 AM – 3.30PM

About Us
The Curly Hair Project (CHP) is an award-winning social enterprise founded by autistic author and entrepreneur **Alis Rowe**. CHP resources are used by individuals, families and professionals worldwide. Endorsed by the world's leading psychologist in autism, Professor Tony Attwood. As featured on BBC Radio 4. For more information email: sam@thegirlwiththecurlyhair.co.uk

Prices	
All day ticket (access to everything)	Individuals £41 Professionals £99
Morning or afternoon ticket Workshop	Individuals £25 Professionals £60 From £16
Exhibitor space	£105
Excludes booking fee and VAT	

Book at www.thegirlwiththecurlyhair.co.uk/events



Plymouth Wheelchair Basketball Skills Camp.

- Date for your Diary: British Wheelchair Basketball skills camp
- Skills Camps are open to young people 5 - 16 years old.
 - Young Activators' Award is open to young people 13 - 19 years old.
 - Players of all abilities are welcome
 - Sports chairs can be provided on request
 - Attendees need to bring a packed lunch and refreshments
 - Booking is essential

Thursday August 27th, 10am South West Skills Camp, Hosted by British Wheelchair Basketball, Plymouth Marjon University, Derriford Road, Plymouth, PL6 8BH. For further information email: skillscamp@britishwheelchairbasketball.co.uk

RNIB Today is World Book Day and is all about celebrating the magic of books and reading. RNIB is proud to support World Book Day's mission to give every child and young person a book of their own, by making 13 titles available in audio (DAISY CD) and braille. To order your free book call the RNIB Helpline on 0303 123 9999 or email: helpline@rnib.org.uk Find out more here

We always welcome feedback.....

Let the SIGNPOSTplus team know if you have any opinions on what works and what doesn't work with our information sharing. If you have any ideas for improvements or if you have anything else you would like to share.



Find us on Facebook.....like the SIGNPOSTplus page for regular updates on all things related to children with additional needs.

An archive of recent snippets can be found at the [SIGNPOSTplus page](#) on the Children and Family Health Devon website

If you no longer wish to receive these bulletins please let me know and I will remove your details from the mailing list.

Disclaimer: The information in these snippets is for general information purposes only and is provided by various organisations. Whilst we endeavour to keep the information up to date and correct, we make no representations or warranties of any kind, express or implied, about the completeness, accuracy, reliability, suitability or availability with respect to the information, products, services or otherwise included in this publication for any purpose. Any reliance you place on such information is therefore strictly at your own risk.



Youth Mental Health First Aid (YMHA) is a two-day intensive, interactive and practical training

course which provides participants with information, tools and techniques to support young people between the age of 8-18 years old who might be experiencing mental or emotional distress. This course is for everyone who has contact with young people between the ages of 8-18 years. It is for teachers, parents, carers, community groups, police, voluntary, Children services, health & social care services & education. The course is taking place on 2nd & 3rd April 2020, 9am – 5pm at Bideford College. Lunch break 45 minutes – please make your own lunch arrangements. Price: £60.00 per Delegate (in certain circumstances this may be fully funded). To book a place or any queries, email:

kitty_dcosta@hotmail.com or text 07506810761.

Find out more here:

<https://www.dcfp.org.uk/events/youth-mental-health-fist-aid-3/>