



Northern Devon and Surrounding Areas 30th May 2019

- **Fragile X Syndrome** is the most common inherited cause of learning disability. The Fragile X Society is there to provide information and support to individuals and families affected by Fragile X Syndrome, as well as the professionals working with them. Through membership, their free helpline service, newsletter, support workers, online publications, or Facebook and Twitter pages, the Fragile X Society team are there and happy to help. Find out more [here](#)
- **Talking Point** website has lots of free resources to help parents and carers of children with speech, language and communication needs (SLCN), including a Progress Checker. Find out more [here](#)
- **Devon Information Advice & Support** would like your feedback. DIAS are keen to know what the people who use their service think about it, so they're running an online feedback survey. You can rate how useful the service is, how impartial they are and how quickly you were able to get hold of them. There's space for you to leave comments too. Whatever your experience, they'd like to hear from you - it's the best way they have of developing the service so that it best meets people's needs. If you have a couple of minutes spare to complete it, they'd love to hear what you think, click [here](#) to complete the survey.
- **DIAS** have a factsheet available to help anyone moving to Devon from outside of the County. It explains where you can find information and support and what to do if your child has an EHC Plan or SEN support. There are also handy tips about settling a child into a new school. Find the factsheet [here](#)
- **Early Help Roadshow tickets are now available.** Events are taking place as follows:
Buckfast Abbey, Monday 24th June, 9.15am-1pm.
Barnstaple Hotel, Tuesday 25th June, 9.15am-1pm.
Exeter Racecourse, Tuesday 2nd July. Morning session 9.15am-1pm or afternoon session 2.15pm- 6pm.
Tiverton Hotel, Wednesday 3rd July. Morning session 11.45am-3.30pm or afternoon session 4.45pm-8.30pm.
To find out more about the events, the workshops available and to book a place click [here](#)
- **Plough Art Installation** – a unique immersive installation about our 'Surroundings' brought to you by artists who have disabilities and wanted to explore the lives of those who are also disabled and those that care for them. As this is an installation you are welcome to drop in anytime between 2-5pm and 7pm-9pm on Weds 26th June at The Plough Arts Centre in Torrington. Tickets are free but please book them online so that they have an idea of the numbers attending. To book a ticket click [here](#)
- **Devon Carers are running a series of events to celebrate Carers Week, Monday 10th – Sunday 16th June 19**
 - Monday 10th June:
 - Tea, Cake and Chat-Kitchen House Cafe, Bovey Tracey, Session 1: 10am-11am or Session 2: 11am-12pm
 - Killerton House and Gardens Tour 10.15am
 - Tuesday 11th June:
 - Forest Bathing – Wanders for Wellbeing – Dartington – £5
Book via <https://www.eventbrite.co.uk/e/forest-bathing-wanders-for-well-being-carers-week-tickets-57894796896>
 - Wednesday 12th June:
 - Carers Trip to Rosemoor, Session 1: 11am or Session 2: 2.30pm.
 - Thursday 13th June:
 - Horsemanship for Health, Newton Abbot 10am – 11.30am (full directions on booking)
 - Carer Training – Caring For Carers: Matford Centre, Exeter 10am – 3.30pm
 - Fish, Chips and a Stroll – The Esplanade Fish Bar, Lynmouth 5.30pm – 7pm
 - Sunday 16th June:
 - Cooking Class – Kitchen House Café, Bovey Tracey 10am – 1pm

These events need to be booked in advance via the Devon Carers Helpline 03456 434 435 (unless otherwise indicated) as spaces are limited. To find out more about these and other carers events go to: <https://devoncarers.org.uk/carers-week/>
- **The Sensory Smart Store** stock a range of products from seamless socks and sensory friendly clothing to books and toys www.sensorysmart.co.uk



Find us on Facebook.....like the SIGNPOSTplus page for regular updates on all things related to children with additional needs.

An archive of recent snippets can be found at the SIGNPOSTplus page on the Children and Family Health Devon website

If you no longer wish to receive these bulletins please let me know and I will remove your details from the mailing list.

Disclaimer

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