



Snippets 30th May 2019

- **Blue light Day**

Tuesday 18th June 2019 from 10am – 2.30pm at Newton Abbot Racecourse, Newton Road, Newton Abbot TQ12 3AF

This informative fun day for the disabled community and their carers will include activities such as: visits from the Police, Fire, and Ambulance services, information on healthy living, first-aid activities various workshops, food, drinks, music and dance.

For more information contact Jo Morgan 07808 053992 or Bobby Singh 07889 173959

- **Professionals Early Help Road Show in your locality**

The Professionals Early Help Roadshow is an opportunity for those who work in the children's sector to find out more about Early Help in Devon, and gain new awareness and clarification of the scheme works to support families. More information including how to book can be found here:

Monday 24th June – 9:15 -13:00: Buckfast Abbey, Tuesday 25th June – 9:15 -13:00: Barnstaple Hotel, Tuesday 2nd July – 9:15 -13:00: Exeter Racecourse, Tuesday 2nd July – 14:15 -18:00: Exeter Racecourse, Wednesday 3rd July – 11:45 -15:30: Tiverton Hotel, Wednesday 3rd July – 16:45 -20:30: Tiverton Hotel. To book places go to: <https://www.dcfp.org.uk/news/>

- **Making Homes Healthier**

Help with home improvements and adaptations, Wednesday 26th June 2019, 1.30pm until 4.00pm Matford Centre, Matford Park Road, Exeter, EX2 8FD

This event offers an overview of the different funding opportunities that are currently available to assist tenants with property improvements and adaptations. It will focus on what loans and grants are currently available, who can apply, what they can deliver and how to access them.

Presentations to include:

Healthy Homes Project and financial support for the vulnerable and the fuel poor

Disabled Facilities Grants

Improving Energy Efficiency

Home Improvement Loans

Active Lifestyles

The seminar will be held in the Boardroom at the Matford Centre, Matford Park Road at 1.30pm.

Places are limited. To book a place, please click here: <https://www.eventbrite.com/e/making-homes-healthier-help-with-home-improvements-and-adaptions-june-2019-tickets-59854054087>

- **Babcock International**

The web link below takes you directly to Babcock's Communication and Interaction page rather than a generic page. This may be useful and save time when searching.

<https://www.babcockldp.co.uk/disadvantaged-vulnerable-learners/send/communication-and-interaction>

- **Lifeworks - Breaking the Barrier 2019**

Lifeworks are very pleased to offer their **2019 Breaking the Barrier Summer Events** for young people with learning disabilities from age 8 years + and their families, there is no upper age limit:

Family Cycle at Torbay Velopark: 1st June

Family Paddleboard at Broadsands, Torbay: 9th June

Surfing at Bigbury, one-to-one and family surf sessions, BBQ and entertainment on the beach: 30th June

These events are free and bookable with a refundable deposit, but places are limited. Please download the application form from the website <https://lifeworks-uk.org/breaking-the-barrier-apply/> or open the attachments in this email. For further information email: traceyhubbard@lifeworks-uk.org or Tel: 01803 861 069. **See attached information and application packs.**

- **Blue Badge – new rules**

The government has published regulations confirming that the new Blue Badge rules will start to apply from 30th August 2019. The rules will make it easier for people with hidden disabilities such as autism to qualify. To find out more about this from the charity Contact click on this link: <https://contact.org.uk/news-and-blogs/new-blue-badge-rules-in-england-to-come-into-force-on-30-august/>

- **The Good School Guide**

A list of revision tips for children with ADHD <https://www.goodschoolsguide.co.uk/special-educational-needs/learning/revision-tips-for-children-with-adhd>

- **Calm Tools for Families**

Open minds UK offers emotional wellbeing support for families. Their personalised toolkit helps your child manage tricky times and become more resilient. Sessions cost £45 per hour in Bradninch, near M5 and you take away lots of useful ideas and resources to use at home.

Family Course

Calm Tools for Families course will take place at Exeter Phoenix on 18th June, 25th June and 2nd July. Cost £80 for one adult and one child. See website for more details: www.openmindsuk.org.uk

- **Shout**

The UK's first free 24/7 text service for anyone in crisis anytime, anywhere. Shout can help with urgent issues such as: Suicidal thoughts, Abuse or assault, Self-harm, Bullying, Relationship challenges. Find out more about the help they can provide at: www.giveusashout.org

- **Carers Week**

Devon Carers are running a series of events to celebrate Carers Week, Monday 10th – Sunday 16th June 19

Monday 10th June:

- Tea, Cake and Chat-Kitchen House Cafe, Bovey Tracey, Session 1: 10am-11am or Session 2: 11am-12pm
- Killerton House and Gardens Tour 10.15am

Tuesday 11th June:

- Forest Bathing – Wanders for Wellbeing – Dartington – £5

Book via <https://www.eventbrite.co.uk/e/forest-bathing-wanders-for-well-being-carers-week-tickets-57894796896>

Wednesday 12th June:

- Carers Trip to Rosemoor, Session 1: 11am or Session 2: 2.30pm.

Thursday 13th June:

- Horsemanship for Health, Newton Abbot 10am – 11.30am (full directions on booking)
- Carer Training – Caring For Carers: Matford Centre, Exeter 10am – 3.30pm
- Fish, Chips and a Stroll – The Esplanade Fish Bar, Lynmouth 5.30pm – 7pm

Sunday 16th June:

- Cooking Class – Kitchen House Café, Bovey Tracey 10am – 1pm

These events need to be booked in advance via the Devon Carers Helpline 03456 434 435 (unless otherwise indicated) as spaces are limited. To find out more about these and other carers events go to: <https://devoncarers.org.uk/carers-week/>

- **WESC Foundation**

Open Day 18th June 2019, 10am – 2pm, at WESC Foundation Exeter. For parents and carers, young people, commissioners, teachers and SEN professionals to find out about WESC services and their specialist VI support. Lunch, speakers and a tour of the campus included. For further

information or to reserve a space Tel: 01392 454200 or email: rellis@wescfoundation.ac.uk

- **Bringing up babies and young children who have very special needs.**

This small book is written for people who are coming new to the world of babies and young children who have very special needs. It can often feel like a world separated from the main world because babies and infants who have very special needs belong to a small minority most people will not encounter very often if at all.

Written by Peter Limbrick, order from Interconnections, contact

peter.limbrick@teamaroundthechild.com or Tel: (0044) 01497 831550

£14.75. (Discount available for unwaged parents of children who have special needs)

- **Friends And Families of special children – Plymouth**

This group offer regular training opportunities; the sessions are varied and informative and cover a wide range of topics. Training sessions and workshops are open to Parent/Carers and Professionals, extended family and enablers are welcome too.

The training on offer is practical, informal and fun. You will have the opportunity to mix with other Parents whilst learning something new.

Previous training courses have included –

- Makaton Level 1 and 2
- Challenging Behaviour
- Fist Aid and Manual Handling
- Mindfulness
- Lego therapy
- Legal advice sessions

They will be holding regular DLA/PIP workshops every other week throughout the year on Monday and Wednesdays, where you will receive 1:1 support and guidance with your child's claim form.

For more information contact Nicky Harris: Nicky@friendsandfamilies.org.uk or call 01752 204369 / 07922510696 or go to the website: <https://www.friendsandfamilies.org.uk/services/training/>

Disclaimer

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