



Snippets 23rd May 2019

- **INFORMATION SESSIONS**

Change and transition session Friday 24th May from 1:30-m – 3pm repeated 3:30pm - 5pm in the community room at Withycombe Raleigh C of E primary school. Change is more difficult for those who have already suffered loss through divorce, death, domestic violence, frequent house moves, family illness or other stresses. Also included, ideas to help prepare children with SEN for transition to the next year group.

Retired Educational Psychologist co-presenting, no charge, refreshments included. Teachers, parents, teaching assistants, child-minders or anyone living or working with children very welcome.

To book a place or ask for further information please call 01395-263397 ext2

- **Devon County FA**

Listed below are Youth Inclusive Football activities available in your area during May half term:

Plymouth Pan-Disability Roadshow, Thursday 30th May from 10am – 3pm. Cost £12, venue, Goals Soccer Centre, Outland Road, Plymouth, PL2 3DE More details at: <https://argylecommunitytrust.co.uk/courses/>

Torquay United Inclusive Children's Football Day, Wednesday 28th May from 1.30pm – 3pm cost £3.00 for more details contact: ashley.harris@devonfa.com or Phone: 07912089838

Exeter City Community Trust Inclusive Children's Football Day, for more details contact: will.allan@ecfc.co.uk or call 01392 255611

- **South West Athletics Academy**

The Academy have made the difficult decision to postpone SW Disability Championships due to take place this month. The new date is now Wednesday 17th July. For more details go to: www.sw-athletics-academy.co.uk

- **SEMINAR: Importance of Early Relationships in Infant Mental Health**

Tuesday 4th June from 10.30am- 3.00pm, Newcourt Community Centre, Exeter. Home-start Exeter & East Devon invite you to a seminar on "The Importance of Early Relationships: a view from infant mental health" by Robin Balbernie- former professional lead for child psychotherapy in Gloucestershire CAMHS. Robin will talk about the importance of relationships in the first 1001 days and how Home-Start can make a real difference to families. A light lunch will be provided. Please RSVP by Fri 24th May to office@homestartexeter.co.uk or 01392 826299

- **Ups and Downs Southwest**

Looking for strategies to manage your child's behaviour? This session will be delivered by Bibic, a small charity based in Somerset supporting children and young adults from 6 months to 25 years with developmental difficulties.

This half-day session will look at behaviour in children and young people with Down Syndrome and how Sensory Processing plays a part.

You will learn about ways to support your child or young person at school and at home.

By the end of the session you will hopefully have increased your knowledge around these areas and give you strategies to manage behaviour.

Tuesday 4th June 2019, 9.30am-1pm Cost: £45 Professionals, £15 Parent/Carers
Venue: Ups and Downs Southwest, The Old School, School Road, Westonzoyland, Bridgwater, Somerset, TA7 0LN. Light refreshments included

To book click here: <https://www.upsanddowns.net/event/behavior-training-session-ups-and-downs-southwest/>

- **New guide to help autistic children manage anxiety**

An evidence based guide to anxiety in autism pulls together the very latest research. **Please see the attached PDF to read the guide.**

- **Parent Autism Awareness Workshops**

The Communication and Interaction Team (C&I) in partnership with the Autism Education Trust (AET) are delivering a series of workshops designed for parents who have received a diagnosis for their child. The workshops will support the development of post diagnosis skills, knowledge and understanding to support their child with autism. The free courses consist of 4 x 3½ hours sessions. The Northern Devon courses are as follows: Bideford College, 9.30am-1pm on Fridays 28th June, 5th, 12th and 19th July. There are currently still places available on these courses, once filled names will be added to a waiting list for future courses. For further information contact Sarah Brown on: 01392 287239 or email:

Sarah.Brown@babcockinternational.com.

- **Autism Training (Early Years Programme)**

Tier 2 for Practitioners 2 day course to support all practitioners working directly with children on the autism spectrum. Delivered by Babcock LDP Early Years and Autism teams, the AET early years programme offer face-to-face training for professional working with children under the age of 5. Partially funded courses are available to Foundation Stage Practitioners and funded Childminders that work in the Devon LA area. The course has 2 sessions: Monday 10th June and Tuesday 11th June at Caddesdown Business Centre, Bideford. For further information email:

tina.turner@babcockinternational.com

- **Active Mums - Newton Abbot**

Thursday 30th May 2019 10:30am, (Bikes, Helmets and Trailers provided)
Start at the Bike Shop: Pro Cycle Centre, Wharf Road, Newton Abbot, TQ12 2DA.
You will be provided with Bikes, Trailers or a Child Seat, high viz jackets, helmets, a full safety check and seat adjustments and a welcome /safety talk by the Breeze Champion/Leader of the Active Mums ride. For more details go to:

<https://www.letsride.co.uk/rides/active-mums-newton-abbot-bikes-helmets-and-trailers-provided-32> or call: 01626 438353

- **The Autism-Friendly Guide to Periods**

This book by author Robyn Steward covers changes during puberty, such as the onset of periods, are challenging for girls on the autism spectrum. Written from experience by an autistic woman, this straightforward guide to periods helps the reader to prepare in great detail, from hygiene to pain medication and sensory experiences to mood swings. Available from various retailers and Amazon:

https://www.amazon.co.uk/s?k=%E2%80%A2+The+Autism-Friendly+Guide+to+Periods&ref=nb_sb_noss

- **Advice for Autistic students looking for employment**

If you are in education and wondering how to prepare for a job, have a look at this blog, autistic students looking for employment:

<https://agcasdtg.wordpress.com/2019/04/08/advice-for-autistic-students-looking-for-employment/>

- **Child with Autism on Board**

In an accident it could be very important that the emergency services recognise quickly that a special needs person may be involved in the accident. Check out these car stickers: <http://www.emts.ie/store/p150/autisticchildonboard.html>

- **Cerebra**

Cerebra have some exciting new switch toys in their library. Switches are accessible for all abilities, making them perfect for your child to explore cause and effect.

Whether your child responds to lights, music or movement they are going to love the new switch toys. To find out more go to: https://www.cerebra.org.uk/practical-help/new-switch-toys-in-our-library/?utm_source=wysija&utm_medium=email&utm_campaign=may19

- **Time to Talk**

Time to Talk is a project run by Living Options Devon and funded by the Big Lottery Fund. The project works to tackle isolation and improve inclusivity for disabled, hard of hearing, and deaf people (who use British Sign Language) across Devon. This includes a telephone referral, information, and signposting service, with support in British Sign Language via a webcam service. This project will enable and support people to look at options to improve their health and wellbeing. There will also be access to training and 'hot topic' forums throughout Devon. More information at:

<https://livingoptions.org/support-help/time-talk>

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